

Monday	Tuesday	Wednesday	Thursday	Friday
	Visit or Contact Us! 327 Elm St., Buffalo, NY 14203 Phone: 716-884-5216 ext 498 OUR HOURS: Mondays-Fridays: 9a-9p Saturdays and Sundays: 9a-1p		1 9:30a-10a: Morning Meeting -all staff 11a-12p: Current events w/ Mark 1p-3p: Career Services W/ Ace 2p-4p: Socialization 7:30p-8:30p: Movies	2 9:30a-10a: Morning Meeting -all staff 11a-12p: Arts and Crafts - Audrianna 1a-2p: Supporting someone with Depression w/ Renee L 2p-4p: Socialization 4p-8p: Spades Club w/ Renee S
5 9:30a-10a Morning: Meeting -all staff 11a-12p: Family Ties w/ Renee S 1p-3p: Trip Monday w/ Patrick 2p-3p: Spirituality 4 Recovery w/ Mark 6:30p: Movie Night w/ Sam	6 9:30a-10a: Morning Meeting -all staff 11a-12p: Game Tournament 1p-2p: Community of Kindness-Garden 3p/4p – socialization 6p-7p Movies w/Sam	7 9:30a-10a: Morning Meeting -all staff 11a-12a: Grief - Audrianna 1p-2p: Mindfulness w/ Mark 3p-4p: Recovery W/ Patrick 7p-8p: Housing w/ Sam	8 9:30a-10a: Morning Meeting -all staff 11a-12p: Current events w/Mark 1p-3p: The five major types of anxiety disorders W/ Renee L 2p-4p: PAC 7:30p-8:30p: Movies	9 9:30a-10a: Morning Meeting -all staff 11a-12p: Arts and Crafts - Audrianna 1a-2p: The fight or flight response w/ Renee L 2p-4p: Superhero Movies 4p-8p: Rules of Spades Tourny w/ Renee S
12 9:30a-10a: Morning Meeting -all staff 11a-12p: Bingo w/ Renee S 1p-3p: Trip Monday! (Weather permitting) With Patrick 2p-3p: Spirituality 4 Recovery w/ Mark 6:30p: Movie Night w/ Sam	13 9:30a-10a: Morning Meeting -all staff 11a-12p: Game Tournament 1p-2p: Customer Ran Group 3p/4p -Ted Talks – Surviving isn't Thriving 6p-7p Movies w/Sam	14 9:30a-10a: Morning Meeting -all staff 11a-12a: Grief - Audrianna 1p-2p: Mindfulness w/ Mark 3p-4p: Recovery W/ Patrick 7p-8p: Housing w/ Sam	15 9:30a-10a: Morning Meeting -all staff 11a-12p: Current events w/Mark 1p-3p: Work life balance for employees W/ Renee L 2p-4p: Socialization 7:30p-8:30p: Movies	16 9:30a-10a: Morning Meeting -all staff 11a-12p: Arts and Crafts - Audrianna 1a-2p: Toolbox talk stress w/ Renee L 2p-4p: Socialization 4p-8p: Spades Tourny w/ Renee S
19 9:30a-10a: Morning Meeting -all staff 11a-12p: Health and Wellness w/ Renee S 1p-3p: Trip Monday w/ Patrick 2p-3p: Spirituality 4 Recovery w/ Mark 6:30p: Movie Night w/ Sam	20 9:30a-10a: Morning Meeting -all staff 11a-12p: Game Tournament 1p-2p: Community of Kindness - Garden 3p/4p - Socialization 6p-7p Poetry w/Sam	21 9:30a-10a: Morning Meeting -all staff 11a-12a: Grief - Audrianna 1p-2p: Mindfulness w/ Mark 3p-4p: Recovery W/ Patrick 7p-8p: Wellness w/ Sam	22 9:30a-10a: Morning Meeting -all staff 11a-12p: Current events w/ Mark 1p-3p: Courage over comfort card game W/ Renee L 2p-4p: PAC 7:30p-8:30p: Movies	23 9:30a-10a: Morning Meeting -all staff 11a-12p: Arts and Crafts - Audrianna 1a-2p: Empowering Questioning Class w/ Renee L 2p-4p: Socialization 4p-8p: Spades Club w/ Renee S
26 9:30a-10a: Morning Meeting -all staff 11a-12p: Health and Wellness w/ Renee S 1p-3p: Trip Monday w/ Patrick 2p-3p: Spirituality 4 Recovery w/ Mark 6:30p: Poetry w/Sam	27 9:30a-10a: Morning Meeting -all staff 11a-12p: Game Tournament 1p-2p: Customer Ran Class 3p-4p - Socialization 6p-7p Movie Night	28 9:30a-10a: Morning Meeting -all staff 11a-12a: Grief - Audrianna 1p-2p: Mindfulness w/ Mark 3p-4p: Recovery W/ Patrick 7p-8p: Movies w/ Sam	29 9:30a-10a: Morning Meeting -all staff 11a-12a: Core/HCBS Outreach/Hanna 1p-2p: Mindfulness w/ Mark 3p-4p: Recovery W/ Patrick 7:30-8:30p: Movies	30 9:30a-10a: Morning Meeting -all staff 11a-12p: Arts and Crafts - Audrianna 1a-2p: Creating a Healthier Life w/ Renee L 2p-4p: Socialization 4p-8p: Spades Club w/ Renee S