



Empowerment Academy: November '22



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Hours of Operation Mon-Fri 9am-9pm Sat & Sun 9am-1pm</p>	<p>1 10a-11a: Addiction and Recovery w/ Stephen 11a-12p: Newsletter Club 1p-3p: Trip Tuesday! 6p-7p: Newsletter Writing w/Larry</p>	<p>2 10a-11a: Anxiety & Depression w/Renee 11a-12p: Social Hour w/ Pat 1p-2p: Rachael's Group 7p-8p: WRAP Workshop w/ Anthony</p>	<p>3 9a-1p: EA CLOSED (Staff training) 1p-3p: Thanksgiving Dinner Planning 7:30p-8:30p: Group w/Anthony</p>	<p>4 10a-11a: Friday Check in w/Renee 11a-12p: Game Tournament 1p-3p: Wellness Outing 1p-4p: D&D w/ Stephen 2p-4p: Peer Career Services Community of Practice 4p-8p: Spades Club</p>
<p>7 10a-11a: Monday Check In w/Stephen 11a-12p: Pat's Group 1p-2p: Customer Run Group 2p-3p: Thanksgiving Dinner Planning 6:30p: Movie Night w/ Anthony</p>	<p>8 10a-11a: Addiction and Recovery w/ Stephen 10a-11a: Newsletter Planning 11a-12p: WRAP Planning 1p-3p: Trip Tuesday! 6p-7p: Current Events w/Larry</p>	<p>9 10a-11a: Anxiety & Depression w/Renee 11a-12p: Social Hour w/ Pat 1p-2p: Rachael's Group 7p-8p: WRAP Workshop w/ Anthony</p>	<p>10 10a-12p: Peer Advisory Council (PAC) w/ Adam (Free Coffee and Biscotti)*** 1p-2p: Renee's Group 3p-5p: Group with Aminah 3p-5p: RSI Art Studio w/ Adam*** 7:30p-8:30p: Group w/Anthony</p>	<p>11 HAPPY VETERANS DAY! (open regular hours) 10a-11a: Friday Check in w/Renee 11a-12p: Utilizing Your Military Experiences in Recovery 1p-4p: D&D w/ Stephen 2p-4p: Peer Career Services Community of Practice 4p-8p: Spades Club</p>
<p>14 **Thanksgiving Prep** 10a-11a: Monday Check In w/Stephen 11a-12p: Pat's Group 1p-2p: Customer Topic 3p-5p: Shopping for Thanksgiving 6:30p: Movie Night w/ Anthony</p>	<p>15 **Thanksgiving Prep** 10a-11a: Addiction and Recovery w/ Stephen 11a-12p: Newsletter Club 1p-3p: Trip Tuesday! 3p-5p: Shopping for Thanksgiving 6p-7p: Newsletter Writing w/Larry</p>	<p>16 **Thanksgiving Prep** 10a-11a: Anxiety & Depression w/Renee 11a-12p: Social Hour w/ Pat 1p-2p: Rachael's Group 3p-5p: Cooking for Thanksgiving 7p-8p: WRAP Workshop w/ Anthony</p>	<p>17 **Thanksgiving Prep** 10a-11a: EA Planning w/ Stephen 11a-12p: Current events w/EA 1p-2p: Renee's Group 3p-5p: Cooking for Thanksgiving 7:30p-8:30p: Group w/Anthony</p>	<p>18 **Thanksgiving Prep** 10a-11a: Friday Check in w/Renee 11a-12p: Game Tournament 1p-3p: EA Talent Show! 3p-5p: Cooking for Thanksgiving 1p-4p: D&D w/ Stephen 2p-4p: Peer Career Services Community of Practice 4p-8p: Spades Club</p>
<p>21 **Thanksgiving Prep** 10a-11a: Monday Check In w/Stephen 11a-12p: Pat's Group 1p-2p: Customer Run Group 3p-5p: Cooking for Thanksgiving 6:30p: Movie Night w/ Anthony</p>	<p>22 **Thanksgiving Prep** 10a-11a: Addiction and Recovery w/ Stephen 11a-12p: WRAP Planning 1p-3p: Trip Tuesday! 3p-5p: Cooking for Thanksgiving 6p-7p: Current Events w/Larry</p>	<p>23 **Thanksgiving Prep** 10a-11a: Anxiety & Depression w/Renee 11a-12p: Social Hour w/ Pat 1p-2p: Rachael's Group 3p-5p: Cooking for Thanksgiving 6p-8p: WRAP Workshop w/ Anthony</p>	<p>24 Thanksgiving Day We are OPEN 10am-2pm Join us for a home-cooked Thanksgiving Meal</p>	<p>25 10a-11a: Friday Check in w/Renee 11a-12p: Let's learn w/ Rachael 1p: Karaoke w/Reece 1p-4p: D&D w/ Stephen 2p-4p: Peer Career Services Community of Practice 4p-8p: Spades Club</p>
<p>28 10a-11a: Monday Check in w/Stephen 11a-12p: Pat's Group 1p-2p: Customer Topic 6:30p: Movie Night w/ Anthony</p>	<p>29 10a-11a: Addiction and Recovery w/ Stephen 11a-12p: Newsletter Club 1p-3p: Trip Tuesday! 6p-7p: Newsletter Writing w/Larry</p>	<p>30 10a-11a: Anxiety & Depression w/Renee 11a-12p: Social Hour 1p-2p: Rachael's Group 6p-8p: WRAP Workshop w/ Anthony</p>	<p>The events on this calendar are subject to change due to unforeseen circumstances Please call ahead to confirm 716-884-5216 ext. 498</p>	<p>Visit or Contact Us! 327 Elm St. Buffalo, NY 14203 Phone: 716-884-5216</p>

