

September 2026 National Recovery Month



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
 <i>Clubhouse Buffalo</i>	1 Nature Walk Mental Exercise getting ready to return to school	2 (Yp) Member Circle Topic: TRUST!	3 1st Peer Government Meeting @ 4p	4 CHB/ CAMPING TRIP	5 CHB/ CAMPING TRIP	6 CHB/ CAMPING TRIP
7 LABOR DAY observed: Clubhouse CLOSED	8 Homework Study Time: Open time: Art, Gym, Games, T.V Music.	9 (TY) Member Circle Topic: Are you in recovery? Do you want to be in recovery? Do you know people in recovery?	10 Head, Heart Hand Activity	11 Basket Ball tournament @ Gloria J. parks @ 5:30pm	12 	13
14 (PP) Member Circle Topic: Teen Relationship Etiquette Meber Circle	15 Balance (Js) Activity: Puzzle Pieces to Life	16 (JS) Member Circle Topic: Signs of Relapse	17 Field Day Soccer+ Kick ball @ Shoshone Park	18 Eternal Flame + Picnic at Chestnutwood Park	19 	20 66 Englewood Ave Buffalo ny 14214
21 (TY) Member Circle Topic: What motivates & inspires you?	22 4-5p Homework Study Time/ Open time: Art, Gym, Games, T.V Music.	23 (YP) Member Circle Topic: What would recovery look like for you!	24 Movie Outside @ 6p with popcorn & other snacks!	25 SELF CARE WELLNESS SPA DAY! FUN, PRIZES & FINGER FOODS		27 Contact Information 716/832-2141 ext 217 Clubhouse Cell# 716/361-5672
28 (JS) Member Circle Topic: Is legalization of weed a positive or negative	29 4-5p Homework Study Time/ Staff planned Activity	30 (PP) Member Circle Topic: Suicide Awareness + Places to seek help				AGES: 13 - 20yrs. Hours Operation 3pm - 8pm MONDAY - FRIDAY



DIRECTOR OF
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