

2025 January

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|---|--|--|--|-----------|
|  |  | | <i>1 Happy New Year</i> | 2 Meditation OPEN GYM | 3 3 Month Goals | 4 |
| 5 66 Englewood Ave Buffalo Ny 14214 | 6 What's help you avoid peer pressure? | 7 Meditation OPEN ART | 8 Building Support Systems | 9 Situational Role-Play | 10 Ice Skating Downtown | 11 |
| 12 Office# 716/832-2141 Ext 217 Cell# 716/361-5672 | 13 In your opinion, who's your biggest supporters? | 14 14 Malla B&A Programm | 15 PGA ELECTION DAY | 16 Meditation OPEN ART | 17 Game Night (Board Games, Card Games, (Competitions) | 18 |
| 19 Ages 13-21 3pm-8pm Mon-Fri | 20 What makes a friendship supportive or toxic? | 21 Meditation OPEN GYM | 22 Giggles and Games | 23 Feeding The Less Fortunate | 24 AKG MUSEUM | 25 |
| 26  | 27 How does owning your actions shape your growth? | 28 Building Support Systems | 29 Meditation OPEN GYM | 30 Situational Role-Play | 31 Hear to Art (Express Yourself) | |