




Empowerment Academy: October '22



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 10a-11a: Monday Check In w/Stephen 11a-12p: Pat's Group 1p-2p: Customer Topic 6:30p: Movie Night w/ Anthony	4 10a-11a: Addiction and Recovery w/ Stephen 11a-12p: Newsletter Club 1p-3p: Trip Tuesday! 6p-7p: Newsletter Writing w/Larry	5 10a-11a: Anxiety & Depression w/Christopher 11a-12p: Social Hour w/ Renee 1p-2p: Rachael's Group 7p-8p: WRAP Workshop w/ Anthony	6 9a-1p: EA CLOSED (Staff training) 7:30p-8:30p: Group w/Anthony	7 10a-11a: Friday Check in w/Renee 11a-12p: Game Tournament 1p-3p: Wellness Outing 1p-4p: D&D w/ Stephen 2p-4p: Peer Career Services Community of Practice 4p-8p: Spades Club
10 10a-11a: Monday Check In w/Stephen 11a-12p: Pat's Group 1p-2p: Customer Run Group 6:30p: Movie Night w/ Anthony	11 10a-11a: Addiction and Recovery w/ Stephen 11a-12p: WRAP Planning 1p-3p: Trip Tuesday! 6p-7p: Current Events w/Larry	12 10a-11a: Anxiety & Depression w/Christopher 11a-12p: Social Hour w/ Renee 1p-2p: Rachael's Group 7p-8p: WRAP Workshop w/ Anthony	13 10a-12p: Peer Advisory Council (PAC) w/ Adam (Free Coffee and Biscotti)*** 1p-2p: Renee's Group 3p-5p: RSI Art Studio w/ Adam*** 7:30p-8:30p: Group w/Anthony	14 10a-11a: Friday Check in w/Renee 11a-12p: Let's learn w/ Christopher 1p: Karaoke w/Renee 1p-4p: D&D w/ Stephen 2p-4p: Peer Career Services Community of Practice 4p-8p: Spades Club
17 10a-11a: Monday Check In w/Stephen 11a-12p: Pat's Group 1p-2p: Customer Topic 6:30p: Movie Night w/ Anthony	18 10a-11a: Addiction and Recovery w/ Stephen 11a-12p: Newsletter Club 1p-3p: Trip Tuesday! 6p-7p: Newsletter Writing w/Larry	19 10a-11a: Anxiety & Depression w/Christopher 11a-12p: Social Hour w/ Renee 1p-2p: Rachael's Group 7p-8p: WRAP Workshop w/ Anthony	20 10a-11a: Kitchen Planning w/ Stephen 11a-12p: Current events w/EA 1p-2p: Renee's Group 7:30p-8:30p: Group w/Anthony	21 10a-11a: Friday Check in w/Renee 11a-12p: Game Tournament 1p-3p: EA Talent Show! 1p-4p: D&D w/ Stephen 2p-4p: Peer Career Services Community of Practice 4p-8p: Spades Club
24 10a-11a: Monday Check In w/Stephen 11a-12p: Pat's Group 1p-2p: Customer Run Group 6:30p: Movie Night w/ Anthony	25 10a-11a: Addiction and Recovery w/ Stephen 11a-12p: WRAP Planning 1p-3p: Trip Tuesday! 6p-7p: Current Events w/Larry	26 10a-11a: Anxiety & Depression w/Christopher 11a-12p: Social Hour w/Renee 1p-2p: Rachael's Group 6p-8p: WRAP Workshop w/ Anthony	27 10a-12p: Peer Advisory Council (PAC) w/ Adam (Free Coffee and Biscotti)*** 1p-2p: Renee's Group 3p-5p: RSI Art Studio w/ Adam*** 7:30p-8:30p: Group w/Anthony	28 10a-11a: Friday Check in w/Renee 11a-12p: Game Tournament 1p: Karaoke w/Renee 1p-4p: D&D w/ Stephen 2p-4p: Peer Career Services Community of Practice 4p-8p: Spades Club
31 10a-11a: Monday Check in w/Stephen 11a-12p: Pat's Group 1p-2p: Customer Topic 6:30p: Movie Night w/ Anthony 	Visit or Contact Us! 327 Elm St. Buffalo, NY 14203 Phone: 716-884-5216	Hours of Operation Mon-Fri 9am-9pm Sat & Sun 9am-1pm	The events on this calendar are subject to change due to unforeseen circumstances Please call ahead to confirm 716-884-5216 ext. 498	