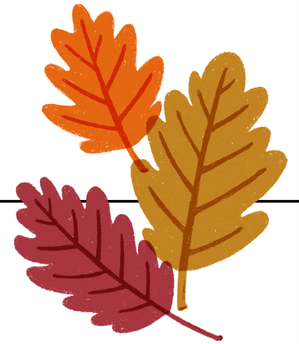
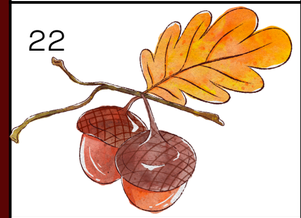
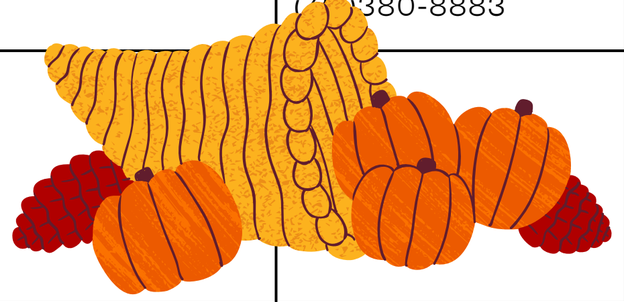
# November 2026

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|---|---|---|---|
| 1 Clubhouse Buffalo | 2 Members Circle Topic: Career Goals | 3 Homework Hr. Money Matters: Budgeting for Everyday Life | 4 Members Circle Topic: What is a Trauma Bond? | 5 Peer Government Meeting Homework Hr. | 6 Wellness Friday's Indoor activity or outdoors Gloria J. Parks (Gym) | 7 **CONTACT: Staff @/CHB Cell# (716)361-5672 OR (716)832-2141 EXT.242 or EXT.217** |
| 8 WHERE: 66 Englewood ave Buffalo, NY 14214 | 9 Members Circle Topic: How to cope with day to day Challenges | 10 Homework Hr. Mindful Moments: Stress Relief & Self-Care | **11. CLOSED Veterans Day** | 12 Homework Hr. Peer Government | 13 Wellness Friday's indoor activity or outdoors Gloria J Parks Gym | 14  |
| 15 AGES: 13-20yrs Program hrs. 3-8p MON. - FRI. | 16 Members Circle Topic: What is Recovery? | 17 Homework Hr. Creative Connections: Art & Expression | 18 Members Circle Topic: Motivation vs Inspiration | 19 Homework Hr. Peer Government | 20 Wellness Friday's indoor activity or outdoors Gloria J. Parks Gym | 21 |
| 22  | 23 Members Circle Topic: Relationship Boundaries | 24 Homework Hr. Friends Giving Dinner! | 25 Members Circle Topic: "TRUST" Who? | **26 Thanksgiving! Holiday CHB CLOSED!!!** | 27 Wellness Friday's Movie Night! | 28 Director of Youth Services Ms. Shanice Anderson Cell# (716)380-8883 |
| RESTORATION SOCIETY, INC. | 30 Members Circle Topic: Marjuana, Positive or negative legally? |  | | |  | |