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JULY, 2021

66 Englewood Ave, Buffalo, NY 14214

(716) 832-2141 ext. 212, 217 or 249

**For Ages 16-21 years of age
Monday to Friday 3 pm to 9 pm**

Monday	Tuesday	Wednesday	Thursday	Friday
			1 TRAX PROGRAM EBT 	2 CLUB HOUSE COOK OUT 
5 Agency Night 	6 TACO TUESDAY SELF CARE / YOGA 	7 LGBTQA+ Dinner Fitness Day 	8 TRAX PROGRAM Ladies Night 	9 BOYS TO MENT DINNER 
12 Agency Night Bring a family or friend day !!!!!!!!!!!!!!!!!!!!! 	13 TED TALKS / Anger Management ANGER MANAGEMENT 	14 LGBTQA+ Dinner 	15 TRAX PROGRAM Ladies Night 	16 BOYS TO MENT DINNER CANAL SIDE PICNIC 
19 TACO TUESDAY and ART Therapy ART Therapy 	20 TACO TUESDAY / Music Therapy 	21 LGBTQA+ Dinner YOGA 	22 TRAX PROGRAM FINALLY Ladies Night 	23 BOYS TO MENT DINNER BINGO NIGHT!!!!!!!!!!!!!!!!!!!! 
26 TACO TUESDAY and ART Therapy ART Therapy 	27 TACO TUESDAY Recovery Peer Support 	28 LGBTQA+ Dinner Recovery Group 	29 TRAX PROGRAM Ladies Night!!!!!!!!!!!!!!!!!!!! 	30 BOYS TO MEN DINNER NIAWANDA PARK WALK 