

RECOVERY HAPPENS

Illuminating pathways toward opportunity, possibility, wellness and independence.

Restoration Society, Inc., 66 Englewood Avenue, Buffalo, NY 14214
www.rsiwny.org (716) 832-2141 Fax (716) 832-0021

**JOIN US AT THE DOWNTOWN LIBRARY
THURSDAY MAY 12TH 1-5PM**



Come show your support for
Mental Health Awareness by
wearing lime green!

- ✓ INSPIRATIONAL GUEST SPEAKERS
- ✓ ACCESS TO WNY'S BEST PROVIDERS & RESOURCES
- ✓ FUN GAMES & A CHANCE TO WIN VALUABLE PRIZES
- ✓ MUSIC AND DANCING THROUGHOUT THE DAY
- ✓ 1:00 PM FLASH MOB FRONT PLAZA OF LIBRARY

The Mental Health Awareness Flash Mob will be returning to downtown Buffalo's Central Library on May 12th. This year, in the aftermath of the pandemic, we'll be focusing on youthful alternatives for wellness. Come and meet local community organizations and services!



10TH ANNUAL MENTAL HEALTH AWARENESS DAY

Activities

SCHEDULE

1:00 PM

1:10 - 2:00 PM

2:00 - 2:30 PM

2:30 - 3:00 PM

3:00- 4:00 PM

4:00 - 4:45 PM

**Opening Speaker: MH
Commissioner Mark O'Brien**

**FLASH MOB: DJ & Dancing
Adithri Performs**

**Head to the 3rd floor for
Activities & Provider Fair**

Dennis George's Quiz Bowl

Panel Discussion**

- Rock Painting with Cinda
- Visit the Wellness Wall to share what you do for Self-Care
- Get your portrait drawn by Crystal
- Learn about Digital Storytelling & RSI's Mobile Media Lab
- Community Outreach through Music with Reece and Adithri
- **A Pandemic within a Pandemic: young leaders and providers discuss challenges & strategies for the youth and young adult community

**THANK
YOU**

Buffalo & Erie Co. Public Library
Restoration Society Inc.
BestSelf Behavioral Health
WNY Independent Living

& everyone who volunteered their time to create this event!

- Make sure you get a raffle ticket for attending and stick around for your chance to win a prize!

#MHFLASHMOB22

**THURSDAY
MAY 12TH
FROM 1 - 5 PM**

**BUFFALO'S 10TH ANNUAL
MENTAL HEALTH AWARENESS DAY**

Buffalo and Erie County Public Library
1 Lafayette Square, Buffalo, NY



MAY HOLIDAYS

- 1-May Day
- 2-Brother & Sisters Day
- 4- Kentucky Derby Day (first Saturday)
- 4-Star Wars Day
- 5-Cinco De Mayo
- 5- Ramadan (varies)
- 6-National Nurses Day
- 8- No Socks Day
- 10- Clean Up Your Room Day
- 11- Eat What You Want Day
- 12- Mother's Day (2nd Sunday)
- 15- National Chocolate Chip Day
- 17- National Bike to Work Day (3rd Friday)
- 18- Armed Forces Day (3rd Saturday)
- 18-No Dirty Dishes Day
- 19- World Plant a Veggie Garden Day
- 21- Victoria Day (Canada)
- 22-National Buy A Musical instrument Day
- 23- Lucky Penny Day
- 25- National Brown Bag It Day
- 26-Sally Ride Day
- 27-Memorial Day (last Monday)
- 28-National Hamburger Day
- 30-Water a Flower Day

SOFESTIVE.COM

Holly's Corner

I do not have a family for day-to-day contact, when some practice conversations, expressing feelings, and making goals. This might not have anything to do with much of anything at all such as Cupcake Day or Women's Appreciation Month; however, it pertains to Mental Health Awareness Month in I believe, in May. This is about a book I bought on Amazon Smiles and here is something that may help: On page 93, in "Pathway to Recovery", I read a worksheet asking about the "talents and skills I have" and to forward the question(s) to a Supporter and/or Ally. It says, "Please list below some of the gifts, talents and skills you see in me." As of course, the examples provided include "being able to sing on key, solving problems, sketching and drawing, getting along well with people, gardening, reciting poetry, long distance running, crafts, and breaking bread."

I had anxiety growing up. Although I craved getting all A's, I struggled once doing a project of a portrait. In the end, I believe I received an A. Whatever I did, I faced a constant voice in my head comparing me to my best friend and her loom-addicted mother. I would spend time gazing out the window in the winter wearing my snow pants, hoping I would see her when we moved. In those day, a move of 2-6 blocks equated to culture shock and it was. We did not drive then. For a skill, such as breadmaking, I have done it both ways (professional grade bread maker versus pan-made lemon banana loaf). This book has gotten me through the loneliness of holidays while guaranteeing that I will not neglect myself. It is one of the isolated moments in life when I have the time to read this literature!!!

-Holly Martin





How many green mental health awareness ribbons do you see in this issue?
Email your answer to newsletter@rsiwny.org!



Veteran Corner - Using the Veteran Crisis Line as part of WRAP by Heidi Olsen

With May being Mental Health Awareness Month, I thought I would share one piece of my recovery. When I went through the WRAP group at the Buffalo VA I processed the information differently than what was in the book. I had decided that for each area of wellness that there were triggers that I would be able to manage on my own or minimal assistance and other triggers that required more support and intervention.

One of my primary triggers is having too many thoughts at once and not being able to keep track to those thoughts. As a Veteran one of the resources that I utilize is the Veteran Crisis Line. I use this resource for when I am in a stressful situation, or I feel like I need mental health support after hours. I use this resource when I am in a crisis but need more support. I have used the chat room, and the phone number many times.

For Veterans that want a responder to a mental health crisis that is a Veteran or works with Veterans and feel uncomfortable with civilian responders this resource is very accessible. The Veteran Crisis Line is for all service members and Veterans even if you are not connected to the Veterans Health Administration for care.

The numbers for the Veteran Crisis Line is 1-800-273-8255 press 1.

For the confidential chat go to VeteranCrisisLine.net.

If you want to text go to 838255



Clubhouse Buffalo

66 Englewood Ave.

Buffalo, NY 14214

Check out our monthly calendars! We have games, recovery support, learning, arts/crafts, outings, and so much more!!

Open 3p-8p Mon.
- Fri.
Come have a
home cooked
meal everyday!



Pool Tournaments

Air Hockey Table

Movies, Music,
and More!

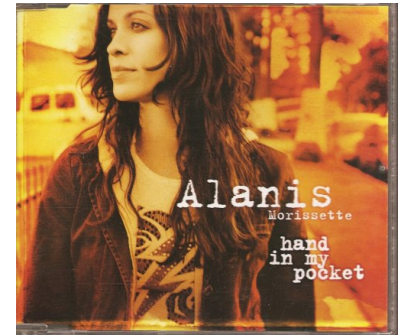
Our peers provide a non-clinical approach for youth aged 16-21 whose lives have become, or are at risk of becoming, disrupted by substance abuse.

We offer transportation to and from the Clubhouse!
Call today with any questions or for a ride to the Clubhouse!
(716)832.2141 ext. 217, 212, or 242



**Office of Alcoholism and
Substance Abuse Services**

In observation of Mental Health Awareness Month, all of the musicians on my playlist have struggled with their mental health. Many of them are among the best-selling musicians of all time, which demonstrates how fame and fortune are not keys to happiness. In most cases, career-related issues triggered their symptoms. So, while you listen to each song, remember that we are all human.



1. [Karen Carpenter- “We’ve Only Just Begun” the Carpenters](#)

Karen Carpenter’s beautiful voice had the smooth sound consistent with 1970s easy listening. She struggled with anorexia, which ultimately led to heart failure in 1983. Her tragic death sparked awareness about eating disorders.

2. [James Taylor- “Fire and Rain”](#)

Singer-songwriter James Taylor has struggled with depression throughout his life and was hospitalized several times. “Fire and Rain” is partially about learning that his childhood friend completed suicide, his struggle with depression, and coping with his recording career, which started out poorly.

3. [Alanis Morissette- “Hand In My Pocket”](#)

Alanis Morissette is very open about her struggles with postpartum depression, which she has experienced many years. As a teenager she also struggled with an eating disorder and depression. She says that no matter how she is feeling, she can always write.

4. [Brian Wilson- “I Get Around,” The Beach Boys](#)

In December of 1964, Brian Wilson experienced a nervous breakdown and stopped touring with the Beach Boys until 1983. He has suffered from schizoaffective disorder and depression for more than 50 years. Even after the breakdown, the Beach Boys had 12 top 40 hits.

5. [Billy Joel- “This Night”, Beethoven- *Pathetique* sonata](#)

Billy Joel has struggled with his mental health throughout his life and believes that everyone can become depressed under the right circumstances. For the chorus of “This Night,” he used a melody from Beethoven’s *Pathetique* piano sonata. Based on historical documents, present-day scholars speculate that Beethoven probably suffered from bipolar disorder.

6. [Paul Simon- “Hearts and Bones”](#)

Paul Simon cites career-related disappointments as the reason for his depressive episodes. “Hearts and Bones” has additional connections to mental health awareness because he wrote it about his relationship with Carrie Fisher, who famously had bipolar disorder. She is my most favorite person of all time.

7. [Dusty Springfield- “You Don’t Have to Say You Love Me”](#)

My favorite singer, Dusty Springfield, struggled with her mental health throughout her life. This song is part of my own recovery story. When I was pursuing my master’s degree in musicology, I fell into a deep depressive episode and wanted to drop out of school and drop out of life. My dream was failing me. I took a popular music course where we read an article about “You Don’t Have to Say You Love Me.” The class discussion was rewarding, and I was excited about something for the first time in one year. While listening to Dusty, it took three days for one year of darkness to melt away. This proved to me that it is possible to thrive after setbacks, and when life presents me with challenges, I remember that moment.



1 IN 5 PEOPLE

EXPERIENCE A MENTAL HEALTH CONDITION

Learn more, share your story and spread the word.

You can make a difference.



Join us at Empowerment Academy (327 Elm St.)
or virtually: meet.google.com/tfn-zvjy-abn

Every 2nd & 4th Thursday

10am - 11:30am



*Are you a current or former customer
of Restoration Society Inc.?*

**We need YOU to join us
to help envision,
create and sustain
our community and
ensure it reflects our
peer philosophy,
vision, and values!**



ACADEMY

OF PEER SERVICES

The Academy of Peer Services (APS)
2nd Term for 2022 will be open from
May 2nd - July 22nd.

So if your goal is to become a Certified Peer
Specialist in 2022 the time to start is now!

For more information and to get assistance
starting the required courses contact RSI's
Peer Services Coordinator Adam Selon at
716-208-8126



for more information contact Adam at 716-208-8126

Empowerment Academy's Writing Corner



Mental health

- You didn't choose the mental health life the mental health life chose you. To be mentally ill doesn't mean you lack any skills.

I + can make you feel like an outsider, make you wanna scream louder. I + can make you feel little, and like you don't matter. I + can make your mind think things it shouldn't. I + can make you feel like you're a prisoner in your own mind. I + can make you

feel numb, and all the emotions at the same time. It makes you wanna reach out, but also fill you doubt

With I + can eat at you and your mind. I + can pull you all the way down to rock bottom. but the good thing about hitting rock bottom is that the only way to go is up. you got this. mentally ill does not mean disabled. you're a diamond in the rough. It's okay to be a work in progress and a masterpiece at the same time.

-Pamela young

Work of Art



In Progress

Dear Mom,

I've tried so hard to find the words, to express what you mean to me.

In all my life none has yet to be found, to express your generosity For all the time you carried me, throughout your pain and strife. I love you more than life itself, even when you was wrong or right.

For all the time you shed a tear and no one was there for you I cried myself a million times just watching you make it through. In all the time you thought to yourself about what I think of you

You could never do any wrong in my eyes, in all the things you do.

You see, so much time has passed us bye, in you still remain, my life.

A moment I wouldn't change for nothing in the world, a love that has no price.

And you taught me that it could be hard sometimes, when you're trying to live it right.

And I would have never known of any of this, if I had not seen you fight.

So I want to take this time to thank you, for those nine months you gave.

A child you brought into the world. A life you surely saved.



These were the last words I said to my mother - Ricky Sanders.





BUFFALO STATE
The State University of New York



FREE FOOD SERVICE CERTIFICATION



GET CERTIFIED. GET HIRED.*

**Line Cooks
Servers
Hosts**

MAY 31st – JUNE 29th



CONTINUING
PROFESSIONAL STUDIES
BUFFALO STATE • The State University of New York

Mon - Weds
(Week 1 Tues
& Weds ONLY)

6pm-9pm

Must be 18+

716-878-5907

The Restaurants Igniting Skills & Education (RISE) program is offered in-person at Buffalo State. Participants receive:

- ServSafe ® Food Handler Certification
- TIPS ® Alcohol Certification
- Extensive fire safety training
- Employment assistance
- A set of chef's knives
- Digital certification

* Qualifiers for full tuition include but are not limited to displaced and unemployed individuals due to termination, layoff or family care, or underemployment earning less than \$25 per hour. Full tuition is granted at the discretion of Workforce Buffalo. Job offers are made at the discretion of participating restaurants.

<https://continuingstudies.buffalostate.edu>

Interested in Employment? Make an Appointment with ACE today to explore your options!

327 Elm Street . Buffalo, NY 14203

716.884.5216 ext. 410

TEN YEARS AFTER



When it comes to Hard driving Blues groups there was none better in the late 1960s than Ten Years After. Ten Years After was led by the incomparable Alvin Lee ,(the other members of Ten Years After included: Chick Churchill, Rick Lee, and Leo Lyons. Alvin Lee was a fantastic Blues guitarist who could really burn up the fretboard with blazing speed. There story begins in Nottingham, England when in 1960 Ten Years After were originally known as Ivan J and The Jay Cats, (This is the era when Cliff Richards and The Shadows, Terry and The pirates, Lonnie Donnigan, and Alex Korner we're also popular in England as well.) Then in 1962 they were known as Bluesyard then they changed there name to the Jaybirds, They were known as the Jaybirds till 1966 when they became Ten Years After, 1966 was also the year that Alvin Lee joined Ten Years After. By the way Alvin Lee named the group Ten Years After because he was influenced by his childhood hero Elvis Presley. In part two I will go into more detail of this spotlight on Ten Years After.

-Tim Malley



The Importance of Self-Care

Job hunting is stressful. There's no doubt about it. 69% of people report feeling highly stressed when trying to find a new job. And it makes sense: there's so much riding on it. Being able to pay rent, make student loan payments, and - you know - *eat* puts a lot of pressure on you. But finding work, especially a job that you're excited about, takes time. On average, it takes more than 22 weeks (over 5 months!!) to land a new job. No one should be

living under stress for that long, which is why it's important to engage in self-care during the job search.

Finding ways to take the pressure might sound counterproductive, but self-care can make your job search more effective. And keep you from burning out!

Here are 10 things you can do to infuse some self-care during the job search

1. Create a Daily Schedule
2. Work it Out
3. Ditch the Negative Self Talk
4. Give Yourself a Break
5. Embrace Flexibility
6. Sleep In
7. Get Outside
8. Celebrate Your Victories
9. Explore New Hobbies
10. Set Goals

When you are job hunting, it's vital that you keep things in perspective.

The struggle to get hired can feel like a personal failure when the reality is that the system itself is broken. It's looking like HR departments are finally starting to understand that. But until they start taking action to improve things, make sure you take care of yourself first. Your health - both mental and physical - always comes first. Practicing self-care during the job search will help you keep your head above water while looking for work.



References: <https://jobflare.com/blog/10-ways-to-practice-self-care-during-the-job-search/>

POP-UP EYEGLASS CLINIC



Yes,
This Is
For Real.
No Gimmicks,
No Strings
Attached.

ONE DAY ONLY!

SATURDAY MAY 14, 2022

9AM – 4PM

The Salvation Army of Niagara Falls
7018 Buffalo Ave Niagara Falls, NY 14304


- ⇒ Clinic staffed by NYS Licensed Doctors of Ophthalmology & Optometry
- ⇒ **FREE** eyeglass screenings **AND** fitting of eyeglasses
 - ⇒ Wide selection of frames to choose from
 - ⇒ Prescription lenses **AND** frames at **NO COST**
 - ⇒ **ALL** are welcome- Children AND Adults
 - ⇒ **NO** appointment necessary - **NO** ID required
 - ⇒ First come – First Served
- ⇒ Early attendance is recommended and encouraged



Sponsored by
**The Niagara Falls Community
Lions Club**



Empowerment Academy: May 2022



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 10a-11a: Monday Check In w/Stephen 11a-12p: Renee's Group 1p-2p: Customer Topic w/Dave 6:30p: Movie Night w/ Anthony	3 10a-11a: Addiction and Recovery w/ Stephen 11a-12p: Newsletter Club 1p-2p: Dave's Group 2p-3p Board Games w/Stephen 6p-7p: Current Events w/ Dave	4 10a-11a: Anxiety & Depression 11a-12p: Social Hour w/ Renee 1p-2p: Rachael's Group 6p-8pm: Movie Club w/Anthony	5 9-1: Staff training (EA Closed) 1-2pm: Open Group w/Stephen 7:30p-8:30p: Group w/Anthony 	6 10a-11p: Friday Check in w/Renee 11a-12p: Let's learn w/ Christopher 1p-3p: Wellness Outing w/ Dave 1p-5p: Recovery Dungeons and Dragons 2p-4p: Peer Career Services Community of Practice 5p-8p: Spades Club
9 10a-11a: Monday Check In w/Stephen 11a-12p: Renee's Group 1p-2p: Customer Run Group 6:30p: Movie Night w/ Anthony	10 10a-11a: Addiction and Recovery w/ Stephen 11a-12p: Craft Time 1p-2p: Dave's Group 2p-3p Kitchen Planning w/Stephen 6p-7p: Current Events w/ Dave	11 10a-11a: Anxiety & Depression 11a-12p: Social Hour w/ Renee 1p-2p: Rachael's Group 6p-8p: WRAP Workshop w/ Anthony	12 10a-12p: Flash Mob Poster Making and Prep Work 12:30p: EA Walk Down to Flash Mob 1p-5p: Flash Mob at Downtown Library! (EA CLOSED 1-5) 5p: EA Opens Back Up 7:30p-8:30p: Group w/Anthony	13 10a-10:30a: Friday Check in w/Renee 10a-11a: ACE Employment Staff at EA 10:30a-12p: Game Tournament 1p-3p: Wellness Outing w/ Dave 1p-5p: Recovery Dungeons and Dragons 5p-8p: Spades Club SATURDAY MAY 13th - EA is CLOSED Meet us Canalside!
16 10a-11a: Monday Check In w/Stephen 11a-12p: Renee's Group 1p-2p: Customer Topic w/Dave 6:30p: Movie Night w/ Anthony	17 10a-11a: Addiction and Recovery w/ Stephen 11a-12p: Newsletter Club 1p-2p: Dave's Group 2p-4p: Board Games with Stephen 6p-7p: Newsletter Writing w/ Dave	18 10a-11a: Anxiety & Depression w/Christopher 11a-12p: Social Hour w/ Renee 1-2p: Rachael's Group 6p-8pm: Movie Club w/Anthony	19 10a-11a: Current events w/EA 11a-12p: Intern Group! 1-2pm: Open Group w/Stephen 7:30p-8:30p: Group w/Anthony	20 10a-11p: Friday Check in w/Renee 11a-12p: Let's learn w/Christopher 1p-3p: Wellness Outing w/ Dave 1p-5p: Recovery Dungeons and Dragons 2p-4p: Peer Career Services Community of Practice 5p-8p: Spades Club
23 10a-11a: Monday Check In w/Stephen 11a-12p: Renee's Group 1p-2p: Customer Run Group 6:30p: Movie Night w/ Anthony	24 10a-11a: Addiction and Recovery w/ Stephen 11a-12p: Craft Time 1p-2p: Dave's Group 2p-3p Kitchen Planning w/Stephen 6p-7p: Current Events w/ Dave	25 10a-11a: Anxiety & Depression w/Christopher 11a-12p: Social Hour w/Renee 1-2p: Rachael's Group 6p-8p: WRAP Workshop w/ Anthony	26 10a-12p: Peer Advisory Council (PAC) w/ Adam (Free Coffee and Biscotti) *** 1p-2p: Open Group w/Stephen 3p-5p: RSI Art Studio w/ Adam*** 7:30p-8:30p: Group w/ Anthony	27 10a-10:30p: Friday Check in w/Renee 10a-11a: ACE Employment Staff at EA 10:30a-12p: Game Tournament 1p-3p: Wellness Outing w/ Dave 1p-5p: Recovery Dungeons and Dragons 2p-4p: Peer Career Services Community of Practice 5p-8p: Spades Club
30 Memorial Day EA is OPEN 10am - 2pm	31 10a-11a: Addiction and Recovery w/ Stephen 11a-12p: Newsletter Club 1p-2p: Dave's Group 2p-4p: Board Games with Stephen 6p-7p: Newsletter Writing w/ Dave	Join Us On-site or by Phone! 327 Elm St. Buffalo, NY 14203 Phone: 716-884-5216 ext. 901 (PIN 1234)	Hours of Operation Mon-Fri 9am-8:30pm Sat & Sun 9am-1pm *** Contact Adam with questions about these at 716-208-8126	The events on this calendar are subject to change due to unforeseen circumstances Please call ahead to confirm 716-884-5216 ext. 498

Clubhouse Buffalo

MAY 2022

66 Englewood Ave, Buffalo, NY 14214
(716)832-2141 ext. 212, 242, 249, or, 217

Hours for Ages 16-21 years of age
Monday to Friday 3 to 8pm

Monday	Tuesday	Wednesday	Thursday	Friday
2 ART THERAPY	3 LGBTQ, DINNER & MOVIE	4 Star Wars Day Fitness Day	5 Cinco De Mayo TACO THURSDAY TRAX RECOVERY	6 LADIES NIGHT BINGO
9 ART THERAPY	10 LGBTQ, DINNER & TALK "HOW YOU DOIN"	11 Eat What You Want Day Peace Hub	12 TRAX RECOVERY	13 LADIES NIGHT ROLLER SKATE NIGHT
16 ART THERAPY	17 LGBTQ, DINNER & "WHAT'S THE TEA"	18 Int'l Museum Day Study Group	19 TRAX RECOVERY PROGRAM POOL TOURNAMENT	20 LADIES NIGHT BINGO
23 ART THERAPY	24 LGBTQ, DINNER & FITNESS DAY	25 FAMILY NIGHT! GAME NIGHT!	26 TRAX RECOVERY PROGRM AIR HOCKEY TOURNAMENT	27 LADIES NIGHT BIRTHDAY CELEBRATION
30 MEMORIAL DAY Clubhouse Closed	31 LGBTQ, DINNER STAFF & MEMBER COOK NIGHT!			

The Winner of Last Month's Newsletter Challenge is

Pamela Young!

Congratulations! You found all 14 of the hidden Easter Eggs



Join Us at Empowerment Academy
for a

Memorial Day Cook-Out

Monday, May 30th from 10am-2pm

Must be eligible with a mental health diagnosis to participate



327 Elm Street, Buffalo, NY 14203
Call 884.5216 for more information

HAPPY MEMORIAL DAY

★ ★ ★ REMEMBER & HONOR ★ ★ ★

Join a HARP

HEALTH AND RECOVERY PLAN

- **Health And Recovery Plans (HARPs)** are Medicaid Managed Care plans that pay for your physical and behavioral health care.
- HARP staff, who specialize in behavioral health (mental health and substance use), are available to listen and help.



Why join a HARP?

- It's a plan to coordinate your care.
- Services are based in your community.
- You can get help with self-advocacy skills, returning to school, or finding a job.
- You get support from people who have been through recovery.

Find out if a HARP is right for you.

Call New York Medicaid Choice to find out if you're eligible, to enroll, or learn more.

Counselors can help in all languages: **1-855-789-4277**

TTY users: **1-888-329-1541**

Monday to Friday: **8:30 a.m. to 8 p.m.**

Saturday: **10 a.m. to 6 p.m.**

Eligibility

You must be 21 or older to join a HARP, be insured only by Medicaid and be eligible for Medicaid managed care. You will get a letter in the mail from New York State or New York Medicaid Choice confirming your eligibility.

Your local provider:

See your RSI staff, or stop by Empowerment Academy to look into your HARP eligibility, and potential to receive HCBS or CORE Services!

**327 Elm Street
Buffalo, NY 14203**



Department
of Health

Office of
Mental Health

Office of Alcoholism and
Substance Abuse Services

COME VISIT US AT ANY OF OUR LOCATIONS:

66 Englewood Ave, Buffalo, NY 14214

(716) 832-2141

Administration Office, Housing Solutions & Clubhouse Buffalo,
CALM CV-19 Housing Solutions

241 Genesee Street Buffalo, NY 14204

(716) 842-4184

Harbor House Resource Center & Coordinated Entry Hub

327 Elm Street, 2nd Floor Buffalo, NY 14203

(716) 884-5216

Empowerment Academy, ACE Employment
HCBS & CORE Services



220 East Main Street Batavia, NY 14020

(585) 343-9162

Genesee ACE Employment

Visit us on the web at:

www.rsiwny.org

Facebook

www.facebook.com/Restorationsocietyinc

Restoration Society, Inc.
66 Englewood Avenue
Buffalo, NY 14214



Wherever you are, we're with you.



Fathers contribute to their children's health starting at the beginning of life!

Are you a father/ male caregiver of a 0 - 5 year old child?
Our program is looking to serve families & male caregivers with children 0 -5 years old that want to support their child's early development.

If your family is eligible, you'll receive an incentive of up to \$50. For more information call 716-884-6711 ext. 279 or use the code below to enroll.

