

RECOVERY HAPPENS

Illuminating pathways toward opportunity, possibility, wellness and independence.

Restoration Society, Inc., 66 Englewood Avenue, Buffalo, NY 14214

www.rsiwny.org (716) 832-2141 Fax (716) 832-0021



RSI staff came together on Friday 12/15 at the Empowerment Academy to celebrate the holidays!

Here are pictures of all of the teams that make up this wonderful agency!

Celebrate them!! We would not be RSI without all of their hard work!



January Playlist: It's My (Birthday) Party By Carolyn Brunelle

My birthday is in January, so my playlist consists of musicians who I would invite to my dream birthday party. It's my party and I'll invite who I want to.



1. **"It's My Party"- Lesley Gore**

Lesley Gore's music makes me happy, and she would definitely bring the right energy to the table. I would ask her how she feels about the Beatles robbing her of what would have been her third consecutive #1 *Billboard* spot. She was robbed, I tell you. Robbed.

2. **"Go Ahead On"- Dusty Springfield**

It's my party, but Dusty is the most honorable guest of honor.

3. **"Baby, I Love You"- Ronnie Spector**

Ronnie is a favorite and is near the top of my guest list. She had an amazingly inspiring life story, a fun personality, and a sense of humor.

4. **"Where You Lead"- Carole King**

Carole King wrote many songs that are important to popular music history. She would get an invitation.

5. **"It's All Coming Back to Me Now"- Elaine Caswell (Pandora's Box)**

After fronting for the group Pandora's Box, Elaine Caswell went on to work as a backing singer for people such as Ronnie Spector. She recorded this song before Celine Dion did. I met her once and asked her how she felt about her recording's commercial failure and Celine Dion's success, and she said she knows she ended up where she should be. Her interesting career and her healthy perspective on disappointment earns her a seat at my hypothetical birthday party.

6. **"Walk on By"- Burt Bacharach (Dionne Warwick)**

My most favorite songwriter of all time is, of course, invited to the party. And Dionne Warwick, too.

7. **"You Belong to Me"- Jo Stafford**

Jo Stafford strongly influenced Dusty Springfield, and that fascinates me. If I could be in the same room with Dusty Springfield and Jo Stafford, I'm sure I would be so excited that I'd never fall asleep again.

8. **"A Sign of the Times"- Petula Clark**

She sang from the rubble of the Blitz during WWII at age 8 and has been an international pop star for over 6 decades. I've met her and she's lovely. Her 90-years-worth of stories will undoubtedly add to the fun.

9. **"When I Kissed the Teacher"- ABBA**

My #1 most favorite band of all time would most certainly occupy 4 seats at my party. If I ever saw them in real life I'd be overwhelmed by happiness. The closest I'll get is the ABBA tribute band I saw in November with the Buffalo Philharmonic. They totally killed "As Good As New," one of my favorite ABBA songs.

10. **"Your Time Is Gonna Come"- Sandie Shaw**

1960s British pop singer Sandie Shaw was deemed unworthy of a US work visa, thus blocking her from widespread popularity in America. Talking with her about it would be a great birthday present.

11. **"Afternoon Delight"- Starland Vocal Band**

I just want to sit down with them and ask, "So... 'Afternoon Delight'...what's up with that? And how?" But I also can't get enough of this song. It is a true masterpiece and they are masterfully talented musicians.



Peers Rising

Tuesday, January 9

4:30 pm – 6:00 pm

**Enjoy conversation
and creativity with
fellow crafters!**

**RSVP with Pam at 585-343-9162
Or email: pbauman@rsiwny.org**

Sci-Fi Game Night

Wednesday, January 17 | 5:00 pm - 7:00 pm

Hoag Library, 134 S. Main St., Albion, NY

Meet new people & enjoy an assortment of games!

RSVP by calling 585-343-9162

Or email: tdemmer@rsiwny.org

Tuesday, January 16

12:00 pm – 1:30 pm

**Meet new people & enjoy an
assortment of games!**

RSVP by phone:

585-343-9162

Or email:

naugsburger@rsiwny.org



Five Surprising Facts About Martin Luther King Jr.

1. Martin Luther King Jr. was named after Protestant reformer Martin Luther.
2. King entered college when he was 15 years old.
3. King was arrested 29 times.
4. King survived an assassination attempt a decade before his death.
5. After his death, the King family filed a civil case against the government and won.

Taken from a post originally written by Shannon C., Social Media volunteer, Smithsonian National Museum of African American History and Culture.

Peer Support Group

Wednesday, January 10

5:00 pm - 6:30 pm

Genesee ACE, 220 E. Main St., Batavia NY

Facilitated by PB Tricia D.

For more details call 585-343-9162

Or email: tdemmer@rsiwny.org



FAMILY2FAMILY IS REUNITING FAMILIES IN SAFE SPACES

ARE YOU TOO BUSY FOCUSING ON YOUR LOVED ONE'S SUBSTANCE
USE DISORDER?

FORGETTING ABOUT YOU AND YOUR NEEDS?

IS THIS ALL TAKING ITS TOLL ON YOUR WELLBEING?

DO YOU WISH YOU HAD A SAFE SPACE TO SHARE ALL OF THIS?

DO YOU NEED A HEALTHY SUPPORT SYSTEM FOR YOURSELF?

DO YOU WISH TO HAVE YOUR QUESTIONS HEARD ABOUT HOW YOU

CAN SUPPORT THEM AND YOURSELF APPROPRIATELY?

WOULD IT HELP IF YOU KNEW THAT YOU ARE NOT ALONE?

IF YOU HAVE ANSWERED YES TO ANY OF THE ABOVE

WE WELCOME YOU TO F2F MONTHLY FORUMS

SO, YOU DONT HAVE TO DO IT ALONE ...

WE GOT YOU!!

WE WOULD LOVE TO HEAR FROM YOU!

CALL FOR UPCOMING MONTHLY DATES FOR
2024

THE HOPE CENTER

781 MAPLE ROAD, AMHERST, NY 14221

NEXT ONE:
JANUARY 19TH
6 PM



Family 2 Family

F2F

of Erie County

FOR ANY INQUIRIES PLEASE CONTACT

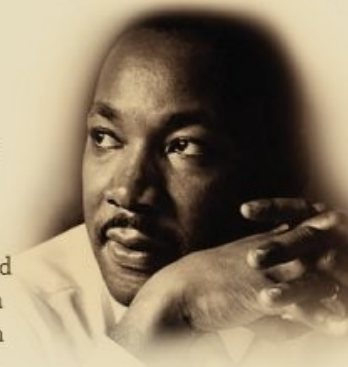
ERIE COUNTY: (716)836-2726

NIAGARA COUNTY: (716) 398-4333

F2F

Family 2 Family Niagara

Dr. Martin Luther KING, JR.



To honor King's legacy, citizens across the country often view the third Monday in January as a day of service and volunteer at organizations in need. Learn interesting facts you may not have known about this civil rights leader by checking out the illustration below.

{ Interesting facts }

Born **Michael Luther King, Jr.**, but changed it to **Martin** because his father changed his in honor of the founder of the Lutheran denomination.

In 1964, at the age of 35, he was the **youngest man to have received the Nobel Peace Prize** and donated his **\$54,123 prize money** to the civil rights movement.

He became the **first black American** to be honored as *Time Magazine's* **Man of the Year**.

King is the subject of U2's song "**Pride (In the Name of Love)**," which reached #2 on Billboard's Mainstream Rock Singles in 1984.

January 20, 1986 was the **first national celebration of King's birthday as a holiday**. To date, all 50 states observe the third Monday in January to honor King.

The four-acre Martin Luther King, Jr National Memorial, complete with a 28-foot-tall statue of King, is scheduled to open August 2011, between the Jefferson and Lincoln memorials.

Between the years 1957 and 1968

Delivered the "I Have a Dream" address before **250,000 PEOPLE** in Washington D.C.

Traveled more than **SIX MILLION MILES**

Spoke more than **2,500 TIMES**

Arrested more than **20 TIMES**

Assaulted at least **FOUR TIMES**

Awarded **FIVE HONORARY DEGREES**

"How RSI Saved My Life"

By: Peter Perry

When my mother died on New Year's Day in 2012, I lost my will to live. I didn't want to live without her and didn't think that I could. With my mother's passing, I lost my purpose in life and lost me.

After I settled my mother's affairs, I attempted to take my life, overdosed with a combination of my medication and beer. I immediately became scared and called 911 for help.

I was admitted to BGH and remained there for about 2 weeks. During my stay, a representative from RSI came in and did a presentation. I was familiar with RSI because I had worked for them many years before that. I liked what I heard about the services that RSI offered; I was especially interested in the social club that they had on Englewood Avenue. I was a loner who isolated myself. My isolation increased after my mother died.

After I was discharged from the hospital, I decided to give Englewood a try. At first, I was nervous at first, but was immediately put at ease by the welcome I got from a worker there. He greeted me, showed me around and was very friendly and helpful. From the way I was treated I decided to go back to Englewood the next day, the day after that and the days that followed.

I met some nice people there, including the workers. Going there eased the pain from my mother's death. RSI gave me a sense of purpose again and a reason to go on with my life.

Thru its' love, kindness, and acceptance, RSI saved my life.

MAKE THE RIGHT CALL

988 SUICIDE & CRISIS
LIFELINE

Urgent mental health-related distress
*Thoughts of Suicide * Mental Health Crisis*
Substance Use Crisis

EMERGENCY
9-1-1
RESPONSE

Life or property threatening emergencies, such as:

*Impaired Driving * House Fire * Medical Emergency*
*Abduction * Vehicle Accident * Robbery * Domestic*
*Violence * Suspicious Activities * Heart Attack or Stroke*
*Hazardous Conditions * Crime in Progress*

2.1.1

Information and Resources, such as:

*Housing and Utility Issues * Locate Shelter * Locate a*
*Food Bank * Natural Disaster Relief * Tax Preparation*
*Assistance * Veterans Services * Support Groups*
Counseling Services



POISON CONTROL 1-800-222-1222

Are You the Victim of a Crime?

By: Peter Perry

Statistically the homeless and the mentally ill are at a higher risk of being the victim of a crime than the rest of the population*. Fortunately, there's a program that can assist you if you are a victim of a crime. I know of this resource from personal experience.

In September of 1987, I was assaulted and beaten, which resulted in my jaw being fractured in two places and my jaw having to be wired shut for 2 months.

Luckily for me someone referred me to the Crime Victims Board. They assisted me with everything that I needed help with.

Some of the services they provide are:

Crisis Intervention

Crisis Counseling

Emergency Shelter

Criminal Justice Advocacy

Emergency Transportation

Claim Compensation for any out of the pocket medical expenses including prescriptions, lost wages, essential property losses (ex: clothing), and even funeral expenses.

If you need their services, contact them at:

Crime Victims Assistance

155 Lawn Ave

Buffalo, NY 14207

(716) 876-8108

Just off Military Road; It's in a school building.



National Spaghetti Day - January 4th





WINTER IS HERE!!!

CODE BLUE IS A LIFESAVING EMERGENCY WEATHER SAFETY PLAN THAT PROVIDES OUTREACH, TRANSPORTATION, SHELTER, AND A WARM MEAL TO BUFFALO'S HOMELESS POPULATION

❄️ WHEN THE TEMPERATURE DROPS BELOW 32°F CODE BLUE WILL BE IN EFFECT ❄️

RUNS FROM NOVEMBER 15TH TO APRIL 30

CURRENT CODE BLUE SHELTERS:

❄️ 586 GENESEE STREET BUFFALO, NY 14204

BUS VOUCHERS TO THE SHELTERS AVAILABLE AT NFTA STATION AFTER 5:30

❄️ IF YOU SEE OR KNOW SOMEONE WHO NEEDS SHELTER DURING COLD WEATHER, CALL 211

❄️ TEXT "CODEBLUEBUFFALO" TO 898211 FOR DAILY UPDATES OF AVAILABLE SHELTERS

DONATIONS ARE ACCEPTED AND APPRECIATED:

- JACKETS
- HATS, GLOVES, SWEATSHIRTS
- BLANKETS
- TOILETRIES



WINTER IS COMING!

Do you need to winterize your boots or shoes? Stop by to waterproof them for FREE! @327 Elm Street
(716) 884-5216 ext. 498



Veterans' Corner 2023 Recap

by Heidi Olsen

Starting on January 17, 2024 Veterans, regardless of their service connection to the VA who are in a suicidal crisis can go to any VA or non-VA health care facility for free emergency health care. Veterans, regardless of their service connection to the VA, who have 24 months or more of active duty, Reserve members who served 100 days under a combat exclusion, or who operated an unmanned aerial vehicle, and victims of physical sexual assault, sexual battery, or sexual harassment while in the military are eligible for this benefit regardless of Veteran status. Only those with dishonorable discharges are not eligible for this service

Statistics show that in 2020 the Veteran suicide rate decreased to a rate of 31.7 per 100,000 Veterans. When adjusted for age and sex the Veteran suicide rate fell by 4.8% in 2020. For male Veterans the suicide rate fell by 0.7% and among women the suicide rate fell by 14.1%



There is more work to be done in curbing the Veteran Suicide crisis. If you, or you know a Veteran who is in crisis, please call the Veteran Crisis Line at 988 and press 1.

Let's keep working to assist the Veterans who have limited access to care through the VA.



Unsung Hero Award

We would like to recognize and applaud Carolyn Brunelle, winner of the 2023 Unsung Hero Award. She was honored on Friday, December 8th, 2023 at the HAWNY 2023 Annual Luncheon.

The Unsung Hero Award is given to those in our community whose quiet and diligent efforts have had an incredibly positive impact on the lives of homeless individuals and families.

Carolyn is currently the Data Quality Specialist for our Housing Solutions Team at Englewood Ave. She is a valuable asset to her team as well as the agency and we are thrilled to have her highlighted at the yearly luncheon.

Congratulations Carolyn!



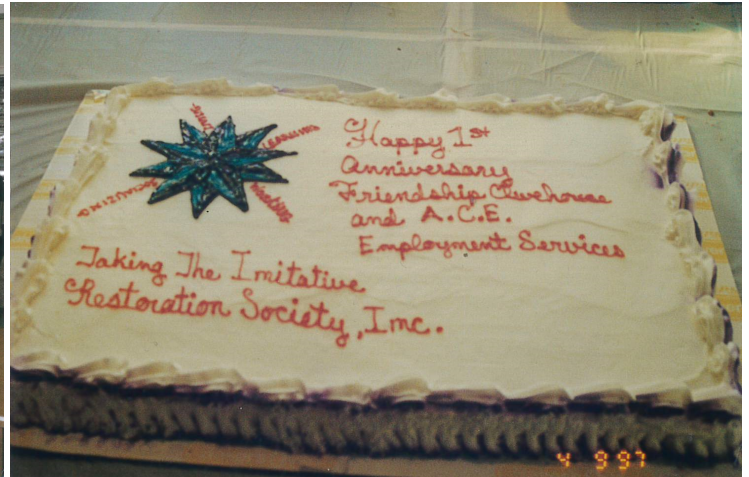
RSI History: Friendship Clubhouse and High Hopes Clubhouse by Carolyn Brunelle

Coming out of the 1980s and entering the 1990s, Restoration Society continued to grow. In 1996, while maintaining the West Side Social Club and the Elmwood Social Club, RSI moved ACE Employment and the Friendship Social Club to their newly-acquired building at 66 Englewood Ave. During this time, RSI transitioned from using the term “Social Club” to “Clubhouse,” thus the Friendship Social Club became the Friendship Clubhouse.

66 Englewood, as some of you know, is where you can find RSI’s administrative office, Housing Solutions, and Clubhouse Buffalo (RSI’s youth Clubhouse). In the mid-1990s it was home to the Friendship Clubhouse and ACE Employment.



Friendship Clubhouse at 66 Englewood Ave



Anniversary cake celebrating the move to 66 Englewood

RSI opened another Clubhouse, the High Hopes Clubhouse, at 2969 Bailey Ave. It no longer operates, nor do any of the Social Clubs or Clubhouses referenced in the RSI History articles. But if you pass by 2969 Bailey Ave, you can still see the sign for High Hopes Clubhouse.

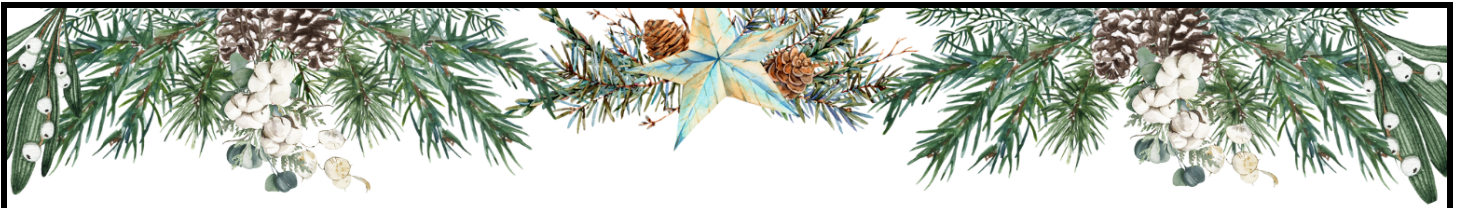


High Hopes Clubhouse exterior, circa October 2000



High Hopes Clubhouse members

Did you attend an RSI social club in the 1970s/80s/90s? Were you an RSI customer years ago or are a former employee? Please reach out to newsletter@rsiwny.org to share your experience with me. I am interested in hearing from WNY-area clinicians who were active between 1973 and 2000, as well.



January 2024

SUNDAY

MONDAY






TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

 <i>Clubhouse Buffalo</i>	<p>1</p> <p>HAPPY NEW YEAR WE ARE CLOSED</p>	<p>2</p> <p>WHAT ARE YOUR GOALS FOR 2024. WHAT DO YOU WANT TO DO DIFFRENT. CIRCLE TOPIC GEORGE</p>	<p>3</p> <p>JOB READINESS RESUME MOCK INTERVIEW PERMITT CIRCLE TOPIC SUBSTANCE BASED</p>	<p>4</p> <p>YOGA/OPEN GYM</p> <p>OPEN DAY DO WHAT YOU LIKE</p>	<p>5</p> <p>CIRCLE TOPIC EMOTIONS BASED POOL PLAYOFF'S TURNAMENT</p>	<p>6</p> <p>CLOSED</p>
<p>7</p> <p>66 ENGLEWOOD BUFFALO NY 14214</p>	<p>8</p> <p>SPOKEN WORD & POETRY</p> <p>OPEN GYM</p> <p>CIRCLE TOPIC EDUCATIONAL BASED</p>	<p>9</p> <p>COOKING WITH DREAM MEALS</p>	<p>10</p> <p>CIRCLE TOPIC: MENTAL WELLNESS BASED</p>	<p>11</p> <p>OPEN GYM YOGA & MEDITATION</p>	<p>12</p> <p>BINGO TURNAMENT CIRCLE TOPIC EDUCATIONAL BASED</p>	<p>13</p> <p>CLOSED</p>
<p>14</p> <p>HOURS 3PM- 8PM</p>	<p>15</p> <p>CIRCLE TOPIC CAREER BASED BLACK HISTORY PROJECT</p>	<p>16</p> <p>SUBSTANCE SPEAKER NORMAN OPEN GYM</p>	<p>17</p> <p>JOB READINESS RESUME MOCK INTERVIEW CIRCLE TOPIC MONEY & ECONOMICS</p>	<p>18</p> <p>TRAX'S MUSIC PROGRAM</p>	<p>19</p> <p>MEDITATION MOVIE NIGHT CIRCLE TOPIC LIFE CHOICES WHY WE DO WHAT WE DO</p>	<p>20</p> <p>CLOSED</p>
<p>21</p> <p>AGES 13-23</p>	<p>22</p> <p>BLACK HISTORY PROJECT CIRCLE TOPIC SUBSTANCE BASED</p>	<p>23</p> <p>COOKING WITH DREAM MEALS OPEN GYM</p>	<p>24</p> <p>ART WORKSHOP CIRCLE TOPICS RELATIONSHIPS WITH FRIENDS & FAMILY</p>	<p>25</p> <p>TRAX'S MUSIC PROGRAM</p>	<p>26</p> <p>OPEN GYM GAME DAY CIRCLE TOPIC PARENTS</p>	<p>27</p> <p>CLOSED</p>
<p>28</p> 	<p>29</p> <p>MEDITATION MONDAY'S BLACK HISTORY PROJECT CIRCLE TOPICS GRADES</p> 	<p>30</p> <p>SUBSTANCE SPEAKER YOLANDA OPEN ACTIVITY</p> 	<p>31</p> <p>JOB READINESS RESUME MOCK INTERVIEW CIRCLE TOPIC PEER PRESSUE</p>	<p>NOTES:</p> 		



VISIT THE EMPOWERMENT ACADEMY

327 ELM STREET, BUFFALO, NY
14203 (716)-884-5216
EXT. 498

OUR HOURS:

MONDAYS-FRIDAYS: 9A-9P
SATURDAYS AND SUNDAYS: 9A-1P

LUNCHEDED SERVED M-F, 12 - 1 P.M.

DINNER SERVED M-F, 5 - 6 P.M.

HOLIDAY DINNER, 12/25, 10A.M. - 2 P.M.

TRIP MONDAYS

TRIP MONDAYS WILL RESUME IN JANUARY(WEATHER DEPENDENT)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 HAPPY NEW YEARS! WORLD DAY OF PEACE! OPEN 10AM - 2PM	2 NATIONAL INTROVERT DAY! 9:30A-10A: MORNING MEETING 10A-11A: PEER COUNSELING W/ MARK 11A-12P: STEVE'S GROUP 12P-1P: LUNCH AND CLEAN-UP 1P-2P: BINGO WITH SAM 2P-4P: NUTRITION W/ LINGS 6:30P-8:30P: MOVIE CLUB TUESDAY	3 9:30A-10A: MORNING MEETING HOUSING SOLUTIONS ON-SITE CINOCARE ON-SITE 11A-12P: SPECIAL GROUP W/ RENEE 12P-1P: LUNCH AND CLEAN-UP 1P-2P: MINDFULNESS W/ MARK 2P-3P: STAFF IN MEETING	4 NATIONAL SPAGHETTI DAY! NATIONAL TRIVIA DAY! 9A-10:00A: MORNING MEETING 10:30A-11:30A: TRIVIA GROUP 12P - 1P: LUNCH AND CLEAN-UP 1P - 2P: SPECIAL TOPICS W/ RENEE 3P-4P: TED TALK W/ RACHAEL 7:30P-8:30P: FUNNY MOVIE FRIDAY	5 9:30A-10A: MORNING MEETING 12P-1P: LUNCH AND CLEAN-UP 1P-2 TED TALK CINOCARE ON-SITE 2P-3P: ARTS AND CRAFTS 3P-4P: SOCIALIZATION HOURS 4P-8P: SPADES CLUB
8 9:30A-10A: MORNING MEETING 11A-12P: TED TALK W/ RACHAEL 12P - 1P: LUNCH AND CLEAN-UP 1P-2P: GRIEVING WITH SAM 2P-3P: SPIRITUALITY 4 RECOVERY W/ MARK 6:30P-8P: MOVIE MADNESS MONDAY	9 9:30A-10A-MORNING MEETING 10A-11A: PEER MENTORING W/ MARK 11A-12P: STEVE'S GROUP 12P-1P: LUNCH AND CLEAN-UP 1PM-2P: BINGO WITH SAM 2P-4P: NUTRITION W/ LINGS 6:30P-8P: MOVIE CLUB TUESDAY	10 9:30A-10A: MORNING MEETING HOUSING SOLUTIONS ON-SITE CINOCARE ON-SITE 11A-12P: SPECIAL GROUP W/ RENEE 12P-1P: LUNCH AND CLEAN-UP 1P-2P: MINDFULNESS W/ MARK 2P-3P: STAFF IN MEETING	11 FITS TRAINING - 9A-11A NO EA SERVICES DURING THIS TIME 11:30A-12P: MORNING MEETING 1P - 2P: SPECIAL TOPICS W/ RENEE 3P-4P: TED TALK 5P-8P: MOVIES	12 9:30A-10A: MORNING MEETING 10A-11A: RENEE SPECIAL TOPIC 12P-1P - LUNCH AND CLEAN UP 1P-2 TED TALK CINOCARE ON-SITE 2P-3P: ARTS AND CRAFTS 3P-4P: SOCIALIZATION HOURS 4P-8P: SPADES CLUB
15 MARTIN LUTHER KING DAY: HE BE 94 TODAY!!! 9:30A-10A: MORNING MEETING 11A - 12P: TED TALK W/ RACHAEL 12P-1P: LUNCH AND CLEAN-UP 1P-2P: GRIEVING WITH SAM 2P-3P: SPIRITUALITY 4 RECOVERY W/ MARK 6:30P-8P: MOVIE MADNESS MONDAY	16 9:30A-10A-MORNING MEETING 10A-11A: PEER MENTORING W/ MARK 11A-12P: STEVE'S GROUP 12P-1P: LUNCH AND CLEAN-UP 1P-2P: BINGO WITH SAM 6:30P-8P: MOVIE CLUB TUESDAY	17 9:30A-10A: MORNING MEETING HOUSING SOLUTIONS ON-SITE CINOCARE ON-SITE 11A-12P: OCD W/ STEPH AND PETER 12P-1P: LUNCH AND CLEAN-UP 1P-2P: MINDFULNESS W/ MARK 2P-3P: STAFF IN MEETING	18 9A-10:00A: MORNING MEETING 10:30A-11:30A: OCD W/ STEPH AND PETER 12P-1P: LUNCH AND CLEAN-UP 1P - 2P: SPECIL TOPICS W/ RENEE 3P-4P: TED TALK W/ RACHAEL 7:30P-8P: FUNNY MOVIE FRIDAY	19 9:30A-10A: MORNING MEETING 12P-1P: LUNCH AND CLEAN-UP 1P-2 TED TALK CINOCARE ON-SITE 2P-3P: ARTS AND CRAFTS 3P-4P: SOCIALIZATION HOURS 4P-8P: SPADES CLUB
22 NATIONAL SANCTITY OF HUMAN LIFE DAY 9:30A-10A: MORNING MEETING 11A-12P: TED TALK W/ RACHAEL 12P-1P: LUNCH AND CLEAN-UP 1P-2P: GRIEVING WITH SAM 2P-3P: SPIRITUALITY 4 RECOVERY W/ MARK 6:30P-8P: MOVIE MADNESS MONDAY	23 NATIONAL PIE DAY! 9:30A-10A-MORNING MEETING 10A-11A: PEER MENTORING W/ MARK 11A-12P: STEVE'S GROUP 12P-1P: LUNCH AND CLEAN-UP 1P-2P: BINGO WITH SAM 2P-4P: NUTRITION W/ LINGS 6:30P-8P: MOVIE CLUB TUESDAY	24 NATIONAL COMPLIMENT DAY! 9:30A-10A: MORNING MEETING HOUSING SOLUTIONS ON-SITE CINOCARE ON-SITE 11A-12P: SPECIAL GROUP 12P-1P: LUNCH AND CLEAN-UP 1P-2P: MINDFULNESS W/ MARK 2P-3P: STAFF IN MEETING	25 9A-10:00A: MORNING MEETING 10:30A-11:30A: OCD W/ STEPH AND PETER 12P-1P: LUNCH AND CLEAN-UP 1P - 2P: SPECIAL TOPICS W/ RENEE 3P-4P: TED TALK 7:30P-8P: MOVIE	26 9:30A-10A: MORNING MEETING 12P-1P: LUNCH AND CLEAN-UP 1P-2 TED TALK CINOCARE ON-SITE 2P-3P: ARTS AND CRAFTS 3P-4P: SOCIALIZATION HOURS 4P-8P: SPADES CLUB
29 NATIONAL PUZZLE DAY! 9:30A-10A: MORNING MEETING 11A-12P: TED TALK W/ RACHAEL 12P-1P: LUNCH AND CLEAN-UP 2P-3P: SPIRITUALITY 4 RECOVERY W/ MARK 6:30P-8:30P: MOVIE MADNESS MONDAY	30 9:30A-10A-MORNING MEETING 10A-11A: PEER MENTORING W/ MARK 11A-12P: STEVE'S GROUP 12P-1P: LUNCH AND CLEAN-UP 6:30P-8:30P: MOVIE CLUB TUESDAY	31 NATIONAL BACKWARD DAY! 9:30A - 10A: MORNING MEETING 11A - 12P: MORNING GROUP WITH RENEE 12P-1P: LUNCH AND CLEAN-UP 1P - 2P: MINDFULNESS W/ MARK 2P - 3P: STAFF IN MEETING 5P - 9PM: MOVIES		

Spotlight on Denny Laine by Tim Malley

Back in 1964 when Denny Laine was 20 he formed the Moody Blues,(Denny Laine was born in 1944 in Birmingham,England,he was born Brian Frederick Arthur Hines.)and this first incarnation of The Moody Blues was a rhythm and Blues band that struggled playing in these in these dingy music clubs in Birmingham,England,(which is where the Moody Blues originated.) Which is located in the midlands region of England. But Denny Laine started to play the Blues around 1962 with a band he formed that was called Denny Laine and the Diplomats,and at that particular time Birmingham,England was an abuzz with a electric atmosphere of the excitement of great local bands such as:El -Riot and the rebels,(where John Lodge who was a future member of the Moody Blues and John Lodge was also a key member of El-Riot and the rebels.)The Tuxedos and The Krew Kats among the many great local bands that were from Birmingham,England at that particular time.By the way The Moody blues were originally called the M and B 5 why?Because the Moody blues got there name from the Mitchell and Butler Brewery in Birmingham.But fast forward to 1964 The Moody Blues struggled to find success especially with early R and b songs they covered such as:"Bye Bye Bird',(which was originally written by the Chicago Bluesman Sonny boy Williamson.)and 'Cant nobody love you.'(which was originally written by the soul singer Solomon Burke.)But during this particular time The Moody Blues we're developing there own songwriting team of Denny Laine and Mike pinder who wrote some excellent original material such as the songs:'I don't want to go on without you'.'i Don't mind,and 'Everyday'(which isn't to be confused by the song 'Everyday' by Buddy Holly.)But nothing and I mean nothing compared to there remarkable success like 'Go Now'.Which was released by the Moody Blues in 1965,(and the song 'Go Now' was featured on the Moody Blues album 'Magnificent Moodies'.which was released in 1965 on Decca records.)and became a smash hit,('Go Now' was originally written by the r and b singer Bessie Banks.)But the b-side of 'Go Now' was entitled:'its easy child' and that was another great song written by the songwriting team of Denny Laine and Mike pinder it was a great pop song but unfortunately other than 'Go now'.all these other songs,(including there orginal compositions all of these songs failed to chart.So in 1966 Denny Laine left the Moody Blues because the Moody Blues weren't having any commercial success so the first incarnation of the Moody blues split up.Then in 1967 he formed the group the electric string band which was a short lived band.But unQuestionably his greatest success after he formed the Moody blues in 1964 was when he formed the group Wings in 1971,(with Paul McCartney.)he also found other groups or was a key member of such groups such as:'Ginger Bakers Air force,Rockestra,and The knack.(not to be confused with the American new wave group of the same name who had a big hit in 1979 with there song 'My Sharona'.)Denny Laine achieved and accomplished so much in the music world,and when Paul McCartney and Wings broke up in 1981 Denny Laine worked on many of Paul McCartney's solo projects.Theres a reason as to why Denny Laine was inducted into the Rock n' Roll hall of fame why?Because he was a great lead singer a great lead guitarist and an equally great songwriter who wrote many songs including the song 'The mull of McIntyre.'(which he wrote when he was with Paul McCartney and Wings.)and sadly and unbelievably Denny Laine passed away on December 5th in Naples,Florida he was 79. Its sad because he still had much more to accomplish and much more to achieve in the world of music,for example Denny Laine was planning an extensive tour of the United States in 2024. But when your talking about a colossal music talent look no further than Denny Laine,and with his soulful voice he could really belt out a song,But that's just a testament to the gigantic music talent of Denny Laine. The end.



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