PARK	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	
	Clubhouse Buffalo	66 Englewood Ave Buffalo NY 14214	Office: (716) 882-2141 Ext: 217 Cell: (716) 361-5672	Ages 13-20 3pm - 8pm Mon - Fri	
	3 NO TO DRUGS AND ALCOHOL	Career AptitudeTest Vith Our Intern	5 What doyou think are some common reasons why people your age might use substances?	⁶ What are some healthy ways to cope with stress?	7 Op
	10 SAY NO	Program Life Board Game Design Intern program	¹² Medatation Open Art	13 How do you feel about the way substances are portrayed on socials?	14 N
	TTCHALLENGE YOURSELF	18 Win A Book Game Intern stundents	19 14 Mafia B&A Programm	²⁰ Mediation Journaling	21
	24 Its OK to say NO.	Youth Clubhouse Group Cookbook intern	26 What are the potential mental health effects of using substances like marijuana and alcohol during adolescence?	27 How can education about substance use and its consequences impact a teenager's choices and behaviors?	28

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THURSDAY

FALL FEST

SET UP

FRIDAY

SATURDAY

2

FALL FEST EVENT 11AM-3PM 586 GENESEE ST BFLO NY 14204

Mediation pen Journaling

Night At The Museum

FEED THE LESS ORTUNATE



⁸ In what ways can peer pressure affect a teen's decision to use or abstain from drugs and alcohol?

15 Game Night (Board Games, Card Games, (Competitions)



TEEN SUMMIT GOD DON'T MAKE MISTAKES 3PM-5PM 3189 MAIN STREET BFLO NY 14214



29 What are 3 things you can reflect on from this year that you are truly grateful for?



