

RECOVERY HAPPENS

Illuminating pathways toward opportunity, possibility, wellness and independence.

Restoration Society, Inc., 66 Englewood Avenue, Buffalo, NY 14214
www.rsiwny.org (716) 832-2141 Fax (716) 832-0021



The dedicated peers of the Peer Advisory Council confronting CEO Nancy Singh with your concerns and sharing your vision for the future of Restoration Society.

There's something happening here...

Anyone who has walked by the conference room at Empowerment Academy on a Wednesday morning has heard the buzz of activity - plans and ideas, debates and discussions. That's what happens when people come together to make a change! It's not easy work, but for the past 10 months, the **Peer Advisory Council (PAC)** has been doing what it takes to see that your suggestions are being heard and implemented at Restoration Society. When your suggestion goes into one of the many suggestion envelopes posted at our sites, **it gets seen!** Each month the PAC collects your suggestions. Every suggestion is read and given attention. In 2019, the PAC followed through on the items that were of greatest concern to you, including: having program rules clearly posted at our Empowerment Academy, getting the water fountain fixed, getting volunteers more involved in program operations, and improving the sanitation and inventory of our Empowerment Academy kitchen. A great start, but the PAC is just the beginning...

CODE BLUE:

When the temperature drops, the shelters open! Code Blue (15°F) and Code Blue (32°F) will be in effect throughout the winter.

Please encourage anyone experiencing homelessness to call 2-1-1 to be picked up and provided shelter and/or go to the Harbor House (241 Genesee St.) or the Downtown NFTA Metro Transportation Center (beginning at 7PM)

[NEW] Receive Text Alerts
When it is a Code Blue Night!!
Simply Text: "CodeBlueBuffalo" to
989-211

DONATIONS NEEDED: Boots, Coats, Socks, Hats, Gloves, Scarves, Hand Warmers, etc. also **Food Donations!!!** (There are many mouths to feed & folks in need at this time, please encourage all to help)

-Thank You!



In 2020, the PAC will be getting even more customers involved in decision-making throughout Restoration Society.

The PAC will be organizing Community Meetings on the 1st and 3rd Wednesdays of the month at Empowerment Academy, where customers and staff are given an open forum for sharing their ideas and voting on important issues. The PAC will also be making sure that customers are participating in planning our monthly calendar, planning the menu for the kitchen, and planning outings into the community

Check out the EA Calendar for dates and times of the new RSI Community Meetings!

March EVENTS



FIDELIS CARE®

Fidelis Care will be at Empowerment Academy
Mondays and Thursdays from 9am-12pm
to assist individuals to sign-up for insurance and
determining eligibility for

Home and Community-Based Services

stop-by or schedule an appointment (884.5216)
327 Elm Street, 2nd Floor
Buffalo, NY 14203

FREE Legal Clinic

@ Empowerment Academy
327 Elm Street, Buffalo, NY 14203

WEDNESDAY, MARCH 25TH, 2020

9am - 12pm

Call 884-5216 for more information!

- Social Security Disability
- Supplemental Security Income
- Housing Laws; Family Law

Special Thanks To:



KNOW YOUR RIGHTS: FATHER'S RIGHTS!

JOIN US AS WE DISCUSS CHILD SUPPORT,
CUSTODY, ACCESS & OTHER BURNING TOPICS!
FREE LUNCH IMMEDIATELY FOLLOWING.

SAT. MARCH 28TH 10:30AM

HARVEY AUSTIN SCHOOL #97

1405 SYCAMORE ST.

QUESTIONS?

CONTACT (716) 468-0055

Presentation led by:

HON. PAUL G. BUCHANAN

ERIE COUNTY FAMILY COURT JUDGE (RET.)



David from Blue Wireless will be at Empowerment Academy every other Thursday to help individuals determine if they qualify for the Lifeline Cellular Plan.

Stop by 327 Elm Street Buffalo, NY 14203 on:
March 12th or March 26th
from
10 AM - 3 PM

If you have questions, David can be reached at
(716) 605-8222

By Popular Demand...

Empowerment Academy Ice Cream Social!

March 17th at 2pm



WEATHER CLOSINGS AND DELAYS

Restoration Society, Inc.
Snow Closings will be Announced on:



March 23rd is National Puppy Day!!



SOUP IT FORWARD DAY! March 3

Soup Sisters
founded
National **Soup it
Forward Day** to
encourage everyone
to make a difference
in each other's lives
through the warm,
healing kindness of
sharing a bowl of
soup. The Registrar
at National Day
Calendar proclaimed
National **Soup it
Forward Day** to be
observed annually
beginning in 2018.

BAKING WITH BERTIA

MUSHROOM AND SPINACH TORTELLINI SOUP

- 2 tablespoons Olive Oil
- ½ pound Fresh Mushrooms (Sliced)
- 2 Garlic Cloves (Minced)
- 4 cups Vegetable Broth
- 14 ½ ounces Tomatoes (Diced, with Basil, Oregano and Garlic, Undrained)
- 19 ounces Cheese Tortellini (Frozen)
- 2 cups Fresh Baby Spinach (Coarsely Chopped)
- ½ teaspoon Pepper add Shredded Parmesan Cheese (Optional)

In a Dutch oven, heat oil over medium-high heat. Add mushrooms; cook and stir until tender, 6-8 minutes. Add garlic; cook 1 minute longer.

Add broth and tomatoes; bring to a boil. Add tortellini; cook, uncovered, just until tortellini float (do not boil), 3-4 minutes. Stir in spinach and pepper; cook just until spinach is wilted. If desired, serve with cheese.

Every day is a good day for



Keep my anger from becoming
meanness.

Keep my sorrow from collapsing into
self-pity.

Keep my heart soft enough to keep
breaking. Keep my anger turned
towards justice, not cruelty.

Remind me that all of this, every bit of
it, is for love.

Keep me fiercely kind.

Happy National Women's History Month!!!!

1896 - 1980
MAY EDWARD CHINN
PHYSICIAN

PIONEERING BLACK AND NATIVE AMERICAN DOCTOR AND ADVOCATE FOR EARLY CANCER SCREENING IN LOW-INCOME COMMUNITIES.

1ST BLACK WOMAN TO GRADUATE FROM BELLEVUE MEDICAL COLLEGE.

WAS THE 1ST BLACK WOMAN TO HOLD AN INTERNSHIP AT HARLEM HOSPITAL, WHERE SHE WAS THE 1ST WOMAN TO RIDE WITH THE AMBULANCE CREW.

BLACKS WERE BARRED FROM FORMAL ASSOCIATION WITH HOSPITALS, SO SHE OPENED HER OWN PRACTICE AND SHE TREATED PATIENTS WHO DIDN'T HAVE ACCESS TO MEDICAL CARE.

WAS SERIOUSLY CONSIDERED FOR A RESEARCH FELLOWSHIP AT THE ROCKEFELLER INSTITUTE UNTIL THEY DISCOVERED THAT SHE WAS BLACK.

WAS REFUSED RESEARCH INFORMATION FROM HOSPITALS, SO SHE ACCOMPANIED HER PATIENTS TO CLINIC APPOINTMENTS TO LEARN ABOUT BIOPSY TECHNIQUES.

HER WORK WITH THE STRANG CLINIC HELPED DEVELOP THE PAP SMEAR, WHICH TESTED FOR CERVICAL CANCER.

STARTED A SOCIETY TO HELP BLACK WOMEN GO TO MED SCHOOL.

AUBERGDESIGNS.COM



1951-2012
SALLY RIDE
PHYSICIST/ASTRONAUT

AT 32, SHE BECAME THE FIRST AMERICAN WOMAN AND YOUNGEST AMERICAN TO GO INTO SPACE.

BEAT OUT 1,000 APPLICANTS AND COMPLETED NASA'S RIGOROUS TRAINING PROGRAM FOR THE OPPORTUNITY.

MADE NUMEROUS CONTRIBUTIONS TO THE FIELDS OF SCIENCE AND SPACE EXPLORATION, INCLUDING HELPING TO DEVELOP THE SPACE SHUTTLE'S ROBOT ARM.

HAD TO DEAL WITH SEXIST REPORTERS ASKING HOW THE FLIGHT WOULD AFFECT HER 'REPRODUCTIVE ORGANS' AND IF SHE 'WEEPED' WHEN THINGS WENT WRONG.

STRESSED THE IMPORTANCE OF ROLE MODELS IN THE SCIENCES FOR GIRLS TO ATTAIN GENDER EQUALITY IN THOSE FIELDS. SHE DEVELOPED PROGRAMS AND WROTE CHILDREN'S BOOKS TO GET YOUNGER GIRLS TO LEARN ABOUT SCIENCE AND SPACE.

THOUGH HER 27 YEAR RELATIONSHIP WITH TAM O'SHAUGHNESSY WASN'T MADE PUBLIC UNTIL HER OBITUARY, THE REVELATION MADE HER THE FIRST KNOWN LGBT ASTRONAUT.

AUBERGDESIGNS.COM



Why I love the Buffalo Sabres. by Tim Malley



Ever since I was a little kid I have been a big fan of the Buffalo Sabres. In fact I remember when the Sabres had the great French connection that included great players such as; Gilbert Perreault [my personal favorite sabre of all-time as a matter of fact] Rick Martin, and Rene Robert. But I also remember other great players who played for the Buffalo Sabres such as Roger Crozier, Gerry Meehan, Craig Ramsay, Mike Robitaille, Paul Trbenche, Tom Barasso, Gary Bromley, Mike Ramsay, Hannu Virta, Darren Puppa, Bill Hajt, Larry Playfair, Don Luce, Alexander Mogilny, Pat Lafontaine, yeah I remember them all but I also remember how the Sabres used to be a class organization especially with their colorful owners I'm referring of course to Seymour and Northup Knox [who were also buffalo socialites who also did a lot of good for the community.] but I also remember the equally colorful broadcasters who used to work the Sabres TV and radio broadcasts such as; Paul Weiland, Pat Hannigan and the late Ted Darling among others and yeah it's gonna be terrible to see the Sabres not make the NHL playoffs for the 11th straight year [which is an NHL record by the way.] but I have my memories of the Buffalo Sabres and those memories I still cherish to this day such as; when during the 1975 finals the Sabres battled with the mighty and tough Philadelphia Flyers [who were also called the broadstreet bullies] who had such players as; Bernie Parent, Bobby Clarke and Dave Shultz among others well the up and coming Buffalo Sabres battled with the Flyers to 6 tough games. Then who can forget when Dominik Hasek got all of those shut-outs again what memories and it's because of these memories that I can honestly say that I love the Buffalo Sabres because without the Sabres I wouldn't have all those great memories that I have.

8 Spring fun facts

In Australia
Spring is
in Autumn



Spring begins on
the Vernal Equinox



Sphinx was an
equinoctial marker



Baby birds
learn to sing



Days are
getting
longer



Weather
is getting
warmer



Flowers
grow faster



Animals make babies



Spring Begins March 20th 2020

Spring Begins March 20th 2020
When it is spring in the Northern Hemisphere, it is autumn in the Southern Hemisphere and vice versa. At the spring (or vernal) equinox, days and nights are approximately twelve hours long, with day length increasing and night length decreasing as the season progresses.

Spring and "springtime" refer to the season, and also to ideas of rebirth, rejuvenation, renewal, resurrection and regrowth.

Happy
EMPLOYEE
APPRECIATION DAY
everyone!

Employee Appreciation Day is an unofficial holiday observed on the first Friday in March. It is a day for companies to thank their employees for their hard work and effort throughout the year. This day was created for the purpose of strengthening the bond between employer and employee.

Impact of employee recognition

How exactly are employees and companies positively impacted by recognition? Employees experience several positive feelings through appreciation that translate into measurable business benefits:

Job satisfaction: Feeling appreciated and recognized at work helps employees enjoy their work more while also increasing productivity. According to a SHRM study, 48% of employees reported that management's recognition of their job performance was very important to their job satisfaction.

Sense of purpose: The feeling that your work is important and that your contribution is valuable is a great motivator, one that increases employee engagement. According to a study by Alight Solutions, employees who feel rewarded are seven times more likely to be engaged with work than employees who don't.

Well-being: When employee feels like their company cares about them, stress levels decrease, confidence builds, and costly turnover decreases. An impressive 55% of workers said that if they feel their employer cares about their well-being, they would want to stay at that company for 10 years or more.



ACE Graduation

Wednesday, February 12th, 2020





Discover and Increase H.O.P.E.

HARP/HCBS Inservice

MARCH 27TH, 2020

TWO SESSIONS:

11 AM - 12 PM

OR

2 PM - 3 PM

**LOCATED AT EMPOWERMENT ACADEMY
327 ELM STREET BUFFALO, NY 14203**

**PLEASE CONTACT CORNELIUS DELANEY AT
(716) 431-4673 FOR MORE INFORMATION**

*Come and learn about the benefits of
accessing these free services that
YOU are eligible for!*



WORKING TOGETHER TO STRENGTHEN WORKING FAMILIES IN BUFFALO

BFNC Free Income Tax Network – Tax Preparation Services - Feb 1st to Apr 15th, 2020

Monday	Tuesday	Wednesday	Thursday	Saturday
Northland Workforce Training Center 683 Northland Ave Buffalo, NY 14211 5 pm to 8 pm EOC 555 Ellicott Street Buffalo, NY 14203 5 pm to 8 pm	BFNC 45 Jewett Ave, Suite 250 Buffalo, NY 14214 10 am to 2 pm First Shiloh Baptist Church 1st Day Feb 4th 15 Pine Street Buffalo, NY 14204 5 pm to 8 pm	BFNC 45 Jewett Ave, Suite 250 Buffalo, NY 14214 10 am to 2 pm Northland Workforce Training Center 683 Northland Ave Buffalo, NY 14211 5 pm to 8 pm First Shiloh Baptist Church 15 Pine Street Buffalo, NY 14204 5 pm to 8 pm	BFNC 45 Jewett Ave, Suite 250 Buffalo, NY 14214 10 am to 2 pm EOC 555 Ellicott Street Buffalo, NY 14203 5 pm to 8 pm	BFNC 45 Jewett Ave, Suite 250 Buffalo, NY 14214 10 am to 2 pm Northland Workforce Training Center 683 Northland Ave Buffalo, NY 14211 9 am to 1 pm First Shiloh Baptist Church 15 Pine Street Buffalo, NY 14204 9 am to 3 pm EOC 555 Ellicott Street Buffalo, NY 14203 10 am to 1 pm

FOR MORE INFORMATION PLEASE CONTACT 211 OR THE BFNC HOPE CENTER, 45 JEWETT AVE, SUITE 250, BUFFALO NY 14214 - 716-853-0600

Point the way towards

HOPE

RSI runs on PEER POWER!

Brought to you by:



Peer Specialist Study Group

Dates: Every Wednesday

Time: 3:00pm-5:00pm

Location: 66 Englewood Ave., Buffalo, NY 14214

Join your fellow peers! Participants will support each other and receive valuable guidance and study tips from peers in the field while completing their online classes through the Academy of Peer Services.

Peer Advisory Council

Dates: Every 2nd and 4th Wednesday of the month

Time: 11:00am-1:00pm

Location: 327 Elm St., Buffalo NY 14203

Calling current and former customers of RSI! Be a voice for change at Restoration Society by joining our Peer Advisory Council.



Artistic Opportunities
& Happenings in
the Community



ArtStudio @ AmityClub



Upcoming Events

January - March 9th

Check out our display at the Library
1 Lafayette Square Buffalo, NY 14203

Wednesday March 11th 4:00pm-6:00pm

Painting in Abstraction

w/ Teaching Artist: Annie Bielski

@ Amity Club (340 Military Rd.)

Thursday March 12th 5:30pm-6:30pm

Meet Up @ The Museum

Opening Reception:

Works by Annie Bielski & Sally Cook

@ UB Center for the Arts (North Campus)



Last Chance to check out our display
at the downtown library!!!



Sally Cook, *As New England Used To Be*; acrylic
on stretched canvas, hand-painted frame, 20 x 24



Annie Bielski (UB MFA '19) uses materials of both the studio and domestic space including paint, canvas, curtains, unfinished quilts, and bedding. *Strutting, Fretting* continues her exploration of the body, gender, and a self-conscious concealing and shameless revealing in her often large-scale stretched and draped paintings.



Made possible through a grant from

ARTS SERVICES INITIATIVE
OF WESTERN NEW YORK INC

*Cancellations will be posted on our Facebook page. Have Questions? Contact Adam @ 716-208-8126



Fun facts about Saint Patrick's Day - Celebrated on March 17, 2020

St. Patrick's Day is the feast day of St. Patrick, the patron saint of Ireland. 385 AD - Born in Britain, but is not Irish. At 16, he was brought to Ireland as a slave. He escaped six years later and became a priest. Following a vision, he returned to Ireland to Christianize the Irish people. He is credited with having driven the snakes out of Ireland. However, most biologists maintain there never were snakes in Ireland.

1. Leprechauns earned that gold they're guarding. According to legend, leprechauns spend their days making and mending shoes. It's hard work, so you can't blame them for being territorial about their pots of gold.
2. How did the shamrock become associated with Saint Patrick? According to Irish legend, the saint used the three-leafed plant as a metaphor for the Holy Trinity when he was first introducing Christianity to Ireland.
3. We should really wear blue! His color was "Saint Patrick's blue," a light shade. The color green only became associated with the big day after it was linked to the Irish independence movement in the late 18th century.
4. 1737 - The first St. Patrick's Day celebration in the United States is held in Boston.
5. Corned beef and cabbage is a staple at many St. Patrick's Day celebrations in America.



You are holding a cup of coffee when someone comes along and bumps into you or shakes your arm, making you spill your coffee everywhere.

Why did you spill the coffee?

"Because someone bumped into me!!!"

Wrong answer.

You spilled the coffee because there was coffee in your cup.

Had there been tea in the cup, you would have spilled tea.

Whatever is inside the cup is what will spill out.

Therefore, when life comes along and shakes you (which **WILL** happen), whatever is inside you will come out. It's easy to fake it, until you get rattled.

So we have to ask ourselves... "what's in my cup?"

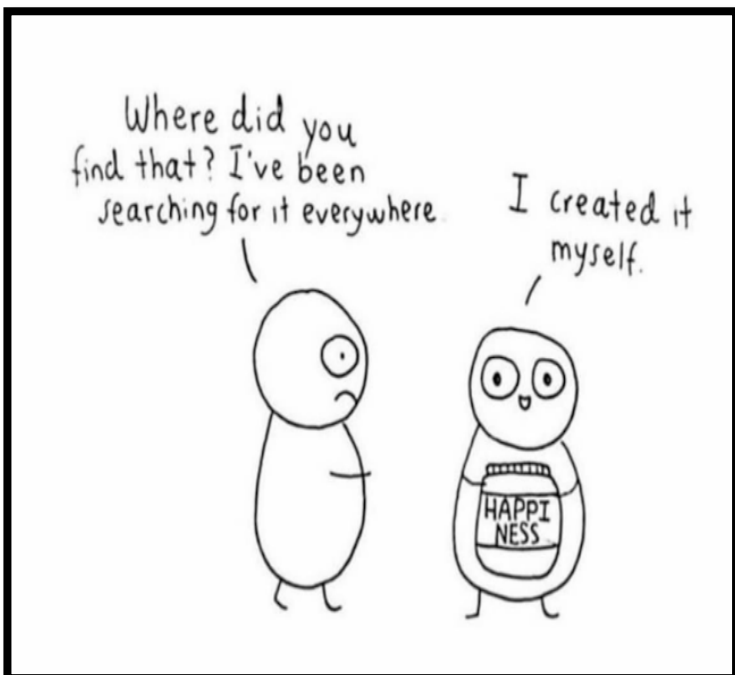
When life gets tough, what spills over?

Joy, gratefulness, peace and humility?

Anger, bitterness, harsh words and reactions?

Life provides the cup, **YOU** choose how to fill it.

Today let's work towards filling our cups with gratitude, forgiveness, joy, words of affirmation; and kindness, gentleness and love for others.



Clubhouse Buffalo

March, 2020

66 Englewood Ave, Buffalo, NY 14214
(716)832-2141 ext. 212, 242, 249, or 217

Hours for Ages 16-20 years of age
Monday through Friday 3pm to 9pm

Monday	Tuesday	Wednesday	Thursday	Friday
2 Boys to Men Dinner Art Program Painting & Drawing	3 GUIDED MEDITATION CHECK MY SKILLS	4 Volunteer Work @ Matt Urban 2-5p LGBTQ Dinner Recovery Peer Support	5 4p YOGA w/ Eric & Daija PEACE HUB	6 Black Balloon Day 6p City Hall In Honor for those we have lost due to Addiction
9 Boys to Men Dinner REIKI Art Program	10 National Women's and Girls HIV/AIDS Awareness Day	11 Volunteer Work @ Matt Urban 2-5p LGBTQ Dinner Game Night	12 4p YOGA w/ Eric & Daija PLANT A FLOWER DAY	13 LADIES NIGHT! KARAOKE
16 Boys to Men Dinner Art Program Painting & Drawing	17 <u>INDOOR ST PATTY'S DAY</u> <u>PARADE, SNACKS &</u> <u>GAMES</u>	18 Volunteer Work @ Matt Urban 2-5p LGBTQ Dinner Recovery Peer Support	19 4p YOGA w/ Eric & Daija <i>Trip to Library to Record Music</i>	20 LADIES NIGHT! FIRST DAY OF SPRING GUESS SPEAKER
23 Boys to Men Dinner REIKI Art Program Painting & Drawing	24 <u>VISIT TO THE AFRICAN</u> <u>CULTURAL CENTER</u> 		26 4p YOGA w/ Eric & Daija PEACE HUB	27 LADIES NIGHT! FAMILY SUPPORT CIRCLE Dinner Night
30 Boys to Men Dinner TAKE A WALK IN THE PARK DAY, "I AM IN CONTROL"	31 <u>MONTHLY BIRTHDAY</u> <u>CELEBRATION</u> 	Staying On Track! (Homework Help) Daily!!!! 3-4p	ALL MEALS ARE FREEEEE!!!! DINNER IS SERVED AT 5:30PM DAILY. PLEASE BE HERE BY 4:30PM TO SIGN UP AND PARTICIAPTE IN THE MEAL PREPPERATION.	

**March
2020**

Empowerment Academy Calendar

Open 7 Days a Week. For hours please look below

327 Elm Street,
Buffalo NY 14203
Tel. 884-5216

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1. 11am Brunch with Brandon	2. 9am-12pm Fidelis Care 10:30am-1:30pm Walk-In Counseling Assessments 10am Morning Discussion 11am The Blame Game with Aminah	3. 9am Boot Waterproofing - bring spare shoes/socks! 10am Morning Discussion 11am Creative Art Therapy 1pm Volunteer Meeting	4. 9am-3pm Walk-In Counseling Assessments 10am Morning Discussion 11am-12pm RSI Community Meeting 1pm Values with Renee	5. *9:30am-11am FITS - Agency Training* (Problem Gambling Resource Center,, Community Access Services)	6. 10am Morning Discussion 11am Coloring with Sarah 4pm-8:30pm Spades Club	7.
8. 11am Brunch with Brandon	9. 9am-12pm Fidelis Care 10:30am-1:30pm Walk-In Counseling Assessments 10am Morning Discussion 11am The Blame Game with Aminah	10. 10am Morning Discussion 11am Creative Art Therapy 1pm Volunteer Meeting	11. 10am Morning Discussion 11am Coloring with Sarah 1pm Values with Renee	12. 9am-12pm Fidelis Care 10am-3pm Blue Wireless 10am Morning Discussion 11am Women's Group 1pm Budgeting with Betty	13. 10am Morning Discussion 11am Employment Help from ACE - Yes, you can work! 4pm-8:30pm Spades Club	14. 12pm-2pm Walk-In Counseling Assessments
15. 11am Brunch with Brandon	16. 9am-12pm Fidelis Care 10am Morning Discussion 11am The Blame Game with Aminah 1pm Calendar Planning	17. 10am Morning Discussion 11am Creative Art Therapy 1pm Volunteer Meeting 2pm Ice Cream Social	18. 10am Morning Discussion 11am-12pm RSI Community Meeting 1pm Values with Renee	19. 9am-12pm Fidelis Care 10am Morning Discussion 11am Women's Group 1pm Spring Cleaning	20. 10am Morning Discussion 11am Housing Help with Sally 12pm March Madness! 4pm-8:30pm Spades Club	21. 12pm-2pm Walk-In Counseling Assessments
22. 11am Brunch with Brandon	23. 9am-12pm Fidelis Care 10:30am-1:30pm Walk-In Counseling Assessments 10am Morning Discussion 11am The Blame Game with Aminah	24. 10am Morning Discussion 11am Creative Art Therapy 1pm Volunteer Meeting	25. 9am-11am MHA Legal Clinic 9am-3pm Walk-In Counseling Assessments 10am Morning Discussion 1pm Values with Renee	26. 9am-12pm Fidelis Care 10am-3pm Blue Wireless 10am Morning Discussion 11am Women's Group	27. 10am Morning Discussion 11am-12pm H.O.P.E team 1pm Menu Planning 2pm-3pm H.O.P.E team 4pm-8:30pm Spades Club	28.
29. 11am Brunch with Brandon	30. 9am-12pm Fidelis Care 10:30am-1:30pm Walk-In Counseling Assessments 10am Morning Discussion 11am The Blame Game with Aminah	31. 10am Morning Discussion 11am Creative Art Therapy 1pm Volunteer Meeting	*Customers and staff are welcome at our monthly FITS training events! Regular morning programming (including groups and meals) may be interrupted on FITS training days.	** EA Hours ** Sun: 9am-1pm Mon: 9am-9pm Tue: 9am-9pm Wed: 9am-9pm Thu: 9am-9pm Fri: 9am-9pm Sat: 9am-1pm		



Employee Spotlight

Jean Bennett

What is the last book you read?
Anger by Thich Nhat Hanh



Where is your favorite place to be? With my family and friends, anywhere

If you were to write a self-help book, what would the topic be?
How to be a resilient survivor.

What is your greatest fear? Failure

Where is the best place you've traveled to and why?
Puerto Vallarta Mexico. Wonderful old city with fabulous beaches.



What is the first concert you attended?
Chuck Mangione in Rochester when I was 10 years old.



What's the weirdest job you've ever had? When I was a teenager I picked worms (Night Crawlers) for a fishing bait company. \$25 per coffee can of worms.



What is your proudest moment at Restoration Society Inc.?
Winning the Killian Vetter Individual Achievement Award for commitment to the homeless.



Physical Illness vs. Mental Illness



Care and support

"I'm here if you need anything"

"You're strong and courageous"

"It can happen to anyone"

Visible and Real



Blame and criticism

"Stop attention seeking"

"You're weak and lazy"

"You chose this"

Invisible and Real

Whether a physical or mental illness, if someone is suffering please be caring and supportive



@RealDepressionProject



more johns

COME VISIT US AT ANY OF OUR LOCATIONS:

66 Englewood Ave, Buffalo, NY 14214

(716) 832-2141

Administration Office, Housing Solutions & Clubhouse
Buffalo

241 Genesee Street Buffalo, NY 14204

(716) 842-4184

Harbor House Resource Center & Coordinated Entry Hub

327 Elm Street, 2nd Floor Buffalo, NY 14203

(716) 884-5216

ACE Employment, Empowerment Academy, HCBS Services,
HARP Outreach Planning & Engagement, SOAR

220 East Main Street Batavia, NY 14020

(585) 343-9162

Genesee ACE Employment

Visit us on the web at:

www.rsiwny.org

Facebook

www.facebook.com/Restorationsocietyinc



Join Us!

Come help us with the newsletter!!!!

We are meeting at the Empowerment Academy at 9am on **March 27th** to fold and mail out our monthly newsletter!

Or join us at 66 Englewood Ave at 9am on **March 18th** for our monthly newsletter meeting!

Restoration Society, Inc.
66 Englewood Avenue
Buffalo, NY 14214

