

The Clubhouse November, 2018
66 Englewood Ave, Buffalo, NY 14214 (716)832-2141

Hours for Ages 16-23;
Monday to Friday 3 to 9pm, 1st and 3rd Saturdays 10am to 6pm

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Meals are FREE!!!! Dinner is served at 5:30pm during the week. On Saturday Lunch is served at 1:00pm. Please be here one hour before to sign up and participate in prepping	5 to 7pm on Wednesday's and 1 to 3pm the first and third Saturday of every month are dedicated for personal development meetings with a coach. You can set up an appointment outside of these times if you need.	Homework Help Offered every Tuesday, Thursday and Saturday from 3 to 5pm	1. 4pm What is Recovery? 5:30pm Let's Talk { *One group for 16-17year olds and one group for 18-23 years old *}	2. 4pm Life Skills {Building a Resume} 5pm My Brother's Keeper Dinner Club 5:30 pm Ladies Night	3. Clubhouse Closed
5. 4 pm Express yourself {AM} 6pm Family Snack Attack/ Game night	6. 5:00pm Creative Corner 6:00pm Leaving for open swim session at Resource Council of WNY	7. 4:30pm Guided Meditation/Mindfulness 5pm My Brother's Keeper Dinner Club	8. 4pm What is Recovery? 5:30pm Let's Talk { *One group for 16-17year olds and one group for 18-23 years old *}	9. 4 pm Erie County Depart of Health S.T.I Conversation 5:30pm Clubhouse Staff/Members Meeting 6:30pm Cookie Baking Night	10. Clubhouse Closed
12. 4 pm Express yourself {AM} 5:30 pm Game Night bring a friend	13. 5:00pm Creative Corner 6:00pm Leave for open swim session at Resource Council of WNY	14. 4:30pm Guided Meditation/Mindfulness 5pm My Brother's Keeper Dinner Club	15. Adult Education/Youth Career Collegiate Institute Field Trip to Clubhouse 9:30 to 11:00am 5:00pm Homemade Pizza Night and Movie Night	16. Family Thanksgiving Dinners 5:00-8pm	17. Clubhouse Closed
19. 4 pm Express yourself {AM} 5pm Family Game Night	20. 5:00pm Creative Corner 6:00pm Leave for open swim session at Resource Council of WNY	21. 4:00pm Guided Meditation/Mindfulness 4:30 pm Life Skills { building a resume} 5: pm My Brother's Keeper Dinner Club	22. 	23. 4:00 What is Recovery? 5pm Life Skills {Interview Skills } Leaving for Sky Zone at 5:30pm	24. Clubhouse Closed
26. 5:00pm Coffee/Tea Book Club Meeting 6pm Tyler Street Community Garden Workday	27. 5:00pm Creative Corner 6:00pm Leave for open swim session at Resource Council of WNY	28. 4:00pm Guided Meditation/Mindfulness 4:30 pm Life Skills { building a resume} 5: pm Sibling Game Night	29. 4pm What is Recovery? 5:30pm Let's Talk { *One group for 16-17year olds and one group for 18-23 years old *}	30. 4pm Life Skills {Job Search Skills } 5pm My Brother's Keeper Dinner Club 5:30 pm Ladies Night	The Clubhouse will be closed on Thanksgiving Day

Clubhouse Operations to include: Snack Bar, Maintenance Unit, Meal Preparations and, Reception Unit starts daily at 3:30pm