

RSI Youth Clubhouse May

2017

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
DIGITAL DETOX 1 2 PM Connect Offline 4 PM Game Tournament	Positive Relaxation 2 6 PM Life Skills Workshop 8 PM Zen Coloring	3 5-7PM WHAT'S NEXT 7 PM - Solutions group - NA	4 6 PM Trip to the Pool Hall	4 STAR DINING 5 6-8 Soba Sistas Dinner Club	Community Center 6 10 – 2 Gloria J Parks 1-3 PM WHATS NEXT	GOLF & GOALS 7 6PM Trip to the driving range + Life goals discussion
Positive Relaxation 8 6 PM Life Skills Workshop 8 PM Zen Coloring	MOVIE NIGHT 9 5:30 PM -\$5 Movies at the Regal	10 5-7PM WHAT'S NEXT 7 PM - Solutions group - NA	11 6 PM Trip to the Pool Hall	FIRST FRIDAY@KNX 12 6 PM Albright Knox 730 PM Delaware park evening walk	13 12 – 2 Coffee Crawl 3 – 4PM: Serenity Group	SUNDAY FUNDAY 14 2 PM in house Movie 4 PM Mario Kart Tournament
Positive Relaxation 15 6 PM Life Skills Workshop 8 PM Zen Coloring	16 7:00 PM BIG TALK 8 PM Music Appreciation	17 5-7PM WHAT'S NEXT 7 PM - Solutions group - NA	TECH SESSION 18 6PM Using Tech as a Recovery Resource 745 Meditation w/ Dave Reeves	4 STAR DINING 19 6-8 Soba Sistas Dinner Club	DIGITAL DETOX 20 11-2 2 nd Annual South Buffalo Walk for Hope 12 – 2 Delaware Park Bike Ride 1-3 PM WHATS NEXT	Afternoon Social 21 2 PM The Grateful Grind Coffee & Convo
22 5:30 What is Recovery? 7-9 PM Game Night	MOVIE NIGHT 23 5:30 PM -\$5 Movies at the Regal	24 5-7PM WHAT'S NEXT 7 PM - Solutions group - NA	ART GATHERING 25 6 PM - Find your Creative Calling – Art workshop	4 STAR DINING 26 6-8 Clubhouse meet and Eat Dinner Club	27 10 –2 Gloria J 1-3 PM WHATS NEXT 3PM Member Clubhouse Meeting	SUNDAY FUNDAY 28 2 PM in house Movie 4 PM Game Tournament
29 6 PM Storytelling and Poetry Reading	30 7:00 PM BIG TALK 8 PM Music Appreciation	31 5-7PM WHAT'S NEXT 7 PM - Solutions group - NA				



MEALS

Dinner is served Monday – Friday at 6:30. On Saturdays and Sundays, Lunch or Brunch is at 11:30 and Dinner is at 5
Be here one hour beforehand to sign up and participate in cooking with us

WHAT'S NEXT WEDNESDAYS & SATURDAYS

5:00 to 7:00 PM WED and 1-3 SAT
Dedicated for personal development. One on one work with a recovery coach is available. If you would like to work with a coach outside of these times, please set an appointment

MORE INFORMATION

HOURS: M-F 5-9 PM, S & S 10 Am – 6 PM
66 Englewood Ave Buffalo NY 14214
PHONE: 716-832-2141
Questions or Suggestions?
Contact Robert Morrow 716-832-2141 x 217
morrow@restoration-societyinc.org