

# RECOVERY HAPPENS

Restoration Society, Inc., 66 Englewood Avenue, Buffalo, NY 14214  
[www.rsiwny.org](http://www.rsiwny.org) (716) 832-2141 Fax (716) 832-0021



Restoration Society, Inc. programs are rehabilitation communities founded upon the recovery vision that all individuals can lead active lives filled with hope and satisfaction and make valuable contributions to our community.

A recovery, wellness and life achievement focus promotes and supports the development of new meaning and purpose in one's life as one grows beyond the challenges.

## Mission Statement

Illuminating pathways toward opportunity, possibility, wellness and independence.

## Values

The values came from the dynamic collaborative partnership among customers, staff, administration and the Board of Directors, all of whom comprise the agency.

Respectful - Holistic - Ethical - Optimism - Supportive - Peer Advocacy - Team Work - Empowerment - Opportunity - Resiliency - Integrity - Nurturing - Growth

Help to form our foundation which drives all Restoration Society, Inc. endeavors.

**RECOVERY REQUIRES ACTION**

*step up!*



**The Community's Recovery Center**



716-832-2141  
[www.restoration-societyinc.org](http://www.restoration-societyinc.org)

*Helping to build successful and satisfying lives one step at a time*

**Restoration Society, Inc. is #1 In NYS State  
in the # of people we serve  
and # of referrals we get for  
Home and Community  
Based Services**

These are the services we are currently offering  
Erie, Genesee, Niagara, Monroe and Orleans  
County:

- Psychosocial Rehabilitation
- Habilitation
- Family Support and Training
- Education Support Services
- Empowerment Services- Peer Supports
- Pre-vocational Services
- Transitional Employment
- Intensive Supported Employment (ISE)
- Ongoing Supported Employment

Please contact these staff people for more  
information on Home and Community Based  
Services at Restoration Society, Inc.

Genesee, Orleans and Monroe County - Heather  
Kemp, [585-343-9162, ext. 301](tel:585-343-9162)

Erie and Niagara County -Fran Gullo, [716-884-5216, ext. 407](tel:716-884-5216)

## **Harvest Festival At The Clubhouse**

October 20<sup>th</sup> 12-8 pm

Meet & Greet WNY Young Adult ClubHouse

Come See What We Are All About!

Food, Beverages, Games & Music

For More Information Please

Call (716)832-2141 ext. 230

[mscheib@rsiwny.org](mailto:mscheib@rsiwny.org)

### Restoration Society, Inc. is a Certified Ticket to Work Employment Network

- ✓ Whether you are seeking full or part-time employment, we can help.
- ✓ Employment Services include advisement by certified benefits advisors and career consultations are FREE of charge!
- ✓ It only applies if you are on Social Security benefits!!!
- ✓ On or off site support, YOUR Choice

Please Contact:

Michelle Hovey (Erie County)  
(716)884-5216 ext. 406

Gail McKee (Genesee County)  
(585) 343-9162 ext. 307

### ACE Employment Services Informational Session

October 9, 2017 at 1:30 pm  
October 27, 2017 at 10:00 am

327 Elm Street Corner  
of Elm and Genesee

Having a Disability Does  
Not Mean You Can't Work

Introduction to The Three Different  
Employment Services ACE Provides

Please Contact:

Fran Gullo (716)884-5216 Ext. 407

**Got Questions?** Why do I need to work? Do I have enough experience? What do I want to do?  
Where do I start? What if I fail? How do I commit to making a change?

**WE HAVE ANSWERS!!!!**

Work Readiness Workshop

Tuesdays & Thursdays

10:30 -12:00 pm

Walk-Ins WELCOME!

FREE Coffee Provided

ACE Employment Services 327 Elm Street, Buffalo, NY 14203

For more information, Call Kate at (716)884-5216 ext. 410

NO Class on October 3<sup>rd</sup>, 5<sup>th</sup> and 26<sup>th</sup>

## **We've Only Just Begun**

**By, Tim**

Remember when the Carpenters had their smash hit from the 1970s that was entitled "We've Only Just Begun"? The song itself was about some romantic fling but it can also be taken to mean that when a person who suffers with a mental illness, one life really has just begun. In other words, just because we've been diagnosed with a mental illness it shouldn't prevent us from moving forward and keep growing as well as learning new things in life. Let's not listen to these self-described experts or naysayers who say that because of the mere fact that we suffer with a mental illness that should automatically prelude us from living a full rich life. On the contrary ever since we were diagnosed with a mental illness we've only just begun to live not only a life that's devoted to creativity, self-expression, and free thought but in life that's only begun to make a major difference in society and to benefit society as well.

## **The Search for my New Apartment**

**By, Tony**

I am currently on the hunt while waiting for a nice size one or two-bedroom apartment while I will reside in Western New York for a year or two until I return home to Queens, New York. I'm looking at a one or two bedroom preferably on the South side of town. Anywhere out in the suburbs I will like because I've lived in the city all my life for now I'm looking to settle down some place quiet and slow as I continue my adventure of school and business.

## **Friendship**

**By, John S.**

During my youth my main activity was drinking with my friends from work. Now that I am retired, it is drinking coffee with my friends from rehab. Friendship can keep you alive and happy and can make you feel good.

## **Self-Esteem**

**By, Brian**

How to value self and help others after I process self-esteem. If I feel good, then it does make better opportunities to empower others. Also, moral support would have me when I am receptive to people. This describes me as a strength for how to assist people. Now we are facing up to the fall yet. This season will be reflective of the past relaxation. However, the season will be a time to look in the past.

## **Self Esteem**

**By, Salina**

The effects of having both high and low self-esteem from my prospective. Self-esteem is an essential tool to have growing up. It helps mold you into the person you will become in life. As a person but what type of self-esteem you have is based on you for remember self-esteem is the esteem of one's self. I have a high self-esteem now but it wasn't always like that. I was abused my whole life put down too but as I grew up I changed my thinking and my surroundings and I'm doing good so has my self-esteem. Now I encourage myself when no one else does. I celebrate and I enjoy the company of my own self. I've learned self-preservation and self-worth and never allow stigmatism to affect my thinking or my life and staying positive people is always a plus.

**Save the Date**  
**Mental Health Awareness**  
**Information Fair**  
**& 6<sup>th</sup> Annual Flash Mob**  
**May 3, 2018 10-1pm At Buffalo**  
**Central Library**  
**Please Contact Michelle S**  
**At (716)832-2141 ext. 230**

**By, Salina**

Abuse is never ok. There isn't that much love in the world to let someone hit you. If a person hit you once they will hit you again. There are all types of abuse, verbal, emotional, physical, sexual to name a few. When you see the warning signs are there the over protectiveness, the jealousy, the constant put downs, trust the signs are there. You just have to be strong enough to walk away and stay away if you don't you will lose everything, your kids, your home, your sanity, and even your life. I should know... I did!! Every day is a constant fight to get myself back to myself and so I'm sharing this with you. Thank you for listening with your heart!

**YOU'RE INVITED!****AN EVENING OF COMEDY AND COMRADERY**

**THURSDAY, October 12, 2017,  
5:30 PM - 8:00 PM**

**ROB'S COMEDY PLAYHOUSE  
DANDELIONS RESTAURANT, 1340 NORTH  
FOREST ROAD, WILLIAMSVILLE, NY  
Pizza, Wings, Beer, Wine, Soda,  
Coffee & Tea Served  
The Evening Will Include Raffles  
and a Silent Auction**

**Please RSVP by Monday, October 5, 2017  
Checks payable to Friendship Foundation,  
Inc.**

**Friendship Foundation, Inc.** is a charitable foundation which was established in 1984 for the purpose of assisting Restoration Society, Inc. (RSI) in its programmatic efforts, providing education about mental health and psychiatric conditions and advocacy for the rights of individuals with psychiatric conditions.

**Wouldn't It Be Nice?****By, Tim Malley**

When Brian Wilson penned the classic rock song "Wouldn't It Be Nice?" (which was also included on The Beach Boys masterpiece pet sounds released in 1966) the song was about some romance that Brian Wilson was involved with at that particular time. If you really think of the songs title "Wouldn't it be Nice?" you can think of a world in which everyone accepts everyone just as they are. By the same token everyone accepts the mentally ill as people who deserve to be respected and it would be nice wouldn't it? A world where bigotry and hate no longer exist but in fact people who suffer with a mental illness would not only be respected for who they are but they would also be respected for their brilliance, amazing ingenuity, and marvelous creativity not as second class citizens as they are usually portrayed wouldn't it indeed be nice? To live in a world that is free from bigotry. I'm dreaming that this enlightened open minded world is right around the corner and what a wonderful world that would be.

**Get In The Know About The  
Medicaid Changes!!!**

**October 10, 2017**

**3 to 4:30 pm**

**At Buffalo Erie County Central Library**

<<<<<< Our mission, in this initiative, is to clear up some of this confusion, to educate people about these new possibilities, and to encourage them to take the steps to make use of them – to raise the bar, if you will.

<<<<<<< Inform eligible Medicaid enrollees with mental health and substance use related conditions about managed care, Health and Recovery Plans (HARP), Health Homes, and Home and Community Based Services (HCBS). There are a lot of misconceptions around HARP and HCBS and it can be confusing.

<<<<<<< While providers are welcome, these are not trainings for providers; they are peer delivered for a peer audience and are meant to be very practical. Eventually they will feature short video vignettes to portray some of the key elements of the new design.

For More Information, Please Call Michelle Scheib  
(716)832-2141 ext. 230  
[mscheib@rsiwny.org](mailto:mscheib@rsiwny.org)

**Administration Office, Housing Solutions  
& Young Adult Clubhouse**  
66 Englewood Ave, Buffalo, NY 14214  
(716)832-2141

CFO-Sun-Ok King ext.213  
COO-Kimberly Baughan ext. 215  
Data Manager- Kimberly Muoio ext. 210  
Director of Homeless and Housing Services  
Jean Bennett ext. 219  
Director of Peer Services  
Michelle Scheib ext. 230  
Young Adult Recovery Club Manager

**Harbor House Resource Center**  
241 Genesee Street Buffalo, NY 14204  
(716)842-4184  
Manager- Jacob Hoffman

**ACE Employment and Empowerment Academy**  
327 Elm Street, 2<sup>nd</sup> Floor Buffalo, NY 14203  
(716)884-5216

CEO-Nancy Singh ext. 409  
Director of Rehabilitation Services- Fran Gullo ext. 407  
EA Manager- Amanda Kopacz ext. 415

**Genesee ACE Employment**  
220 East Main Street Batavia, NY 14020  
(585)343-9162

Director of Programs - Genesee County  
Gail McKee ext. 307

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*Visit us at:*

Web site address

[www.rsiwny.org](http://www.rsiwny.org)

Facebook

[www.facebook.com/Restorationsocietyinc](http://www.facebook.com/Restorationsocietyinc)

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