

Helping to build successful and satisfying lives one step at a time.

**Restoration Society, Inc  
is able to provide  
Home and Community  
Based Services**

These are the services we are currently offering  
Erie, Genesee, Niagara, Monroe and Orleans  
County:

- Psychosocial Rehabilitation
- Habilitation
- Family Support and Training
- Education Support Services
- Empowerment Services- Peer Supports
- Pre-vocational Services
- Transitional Employment
- Intensive Supported Employment (ISE)
- Ongoing Supported Employment

Please contact these staff people for more  
information on Home and Community Based  
Services at Restoration Society, Inc.

Genesee, Orleans and Monroe County - Heather  
Kemp, [585-343-9162, ext. 301](tel:585-343-9162)

Erie and Niagara County -Fran Gullo, [716-884-5216, ext. 407](tel:716-884-5216)

**YOUNG ADULT  
RECOVERYCLUBHOUSE  
IS NOW OPEN**

**66 Englewood Ave  
Buffalo, NY 14214**

A welcoming peer run community  
space providing positive alternatives  
for young adults 18-21 who have or at  
risk of a substance use disorder.

Hours are Monday-Friday 5pm-9pm  
Saturday-Sunday 10am-8pm

Questions please call  
Robert at (716)832-2141 ext. 217



**Restoration Society, Inc. is a  
Certified Ticket to Work  
Employment Network**

- ✓ Whether you are seeking full or part-time employment, we can help.
- ✓ Employment Services include advisement by certified benefits advisors and career consultations are FREE of charge!
- ✓ It only applies if you are on Social Security benefits!!!
- ✓ On or off site support, YOUR Choice

Please Contact:  
Michelle Hovey (Erie County)  
(716)884-5216 ext. 406  
Gail McKee (Genesee County)  
(585) 343-9162 ext. 307

**ACE Employment Services  
Informational Session**

May 8, 2017 at 1:30 pm  
May 26, 2017 at 10:00am  
327 Elm Street Corner  
of Elm and Genesee

Having a Disability Does  
Not Mean You can't Work

Introduction To The Three  
Different Employment Services  
ACE Provides

Please Contact:  
Fran Gullo (716)884-5216 Ext. 407

## **Why We Need to Be More Aware Regarding Bipolar Disorder**

By, Tim M

What do Edgar Allan Poe and Vincent Van Gogh have in common? It's that they both suffered with Bipolar Disorder (not to mention a whole host of lesser known people down through the years who also suffered with Bipolar Disorder as well). Originally Bipolar Disorder was known as Manic Depression. One of the main features of Bipolar Disorder is that it produces such tremendous highs and lows with the people who suffer with it; so in other words, people who have Bipolar Disorder go through these wide ranges of emotions. For example, they go through these tremendous highs where they seemingly can work nonstop for days, even weeks. Seems to explain as to why many artistically gifted people down through the years could seemingly work with nonstop boundless energy because just when their experiencing the high phase of Bipolar Disorder they get to this point when their creative juices really start to flow and they become so creative at this point their level of creativity and production is staggering to say the least. But just as puzzling as it is when they experience their manic phase where they crash after seemingly being able to work for days on end then they crash into this depressive stupor where they then in turn sleep for days on end where they don't emerge from their bedrooms because there in the throes of their manic or depressive phase of their illness. I believe it's necessary for the rest of society to be fully aware of Bipolar Disorder because it still happens to perplex and puzzle us. Even today there's still a lot that we don't know regarding Bipolar Disorder; in fact to a large extent, Bipolar still remains a medical mystery. Since were now in the 21<sup>st</sup> century it's time that we unlock the mysteries of Bipolar Disorder once and for all.

## **What motivates me?**

By, Maximillian Moore

My number one motivator is living in poverty which eats at me every day. That's why having my own business is very important to me. My children also motivate me because it would be nice to leave them a business so that when I'm gone they could carry it on if they choose.

## **Positivity in my Life**

By, John Sweeney

I joined the Empowerment Academy and have met several new people. I enjoy summer more intensely because it is so short in Buffalo.

## **Improving my Quality of Life**

By, John Sweeney

I'm going to a public library and I am curious about all the unread books. I think that someday I would like to loot that treasure. I get pleasure from reading.

What motivates me if I want to stand up for principle I say don't throw punches write poetry

When I die for my funeral I do not want to be put in a casket. I don't need to because the Universe is a Cathedral

**Mental Health Awareness  
Informational Fair &  
5<sup>th</sup> Annual Flash Mob  
May 4, 2017 10-1pm  
At Buffalo Central Library  
1 Lafayette Square  
Buffalo, NY 14203**

**\*We are looking for agencies to  
set up tables at the event\***

**\*We are looking for volunteers  
to help with the event\***

**Please Contact Michelle S  
At (716)832-2141 ext. 230  
For more information**

## **The Quality of Life**

By, Gerard Miller

One big current issue is for somebody that's trying to cope with themselves because their family is gone completely and the person has to have the survival of the fittest to ensure their sufferings and pain of what life throws at you on a daily basis. Only you meaning "yourself" have to have the will to survive on a daily basis. A few prayers can go a long way. In this day and age seniors more known as Baby Boomers have to deal with advanced technology, racist issues, political garbage, rude people, some "millennials" and etc., it's not easy for them to absorb all this, and it works on your mind and causes stress and anxiety. So in a nutshell, people living by themselves need to be checked on, on a daily weekly basis and not get ignored or forgotten about. It seems to me at times this current generosity does not want to honor the "Baby Boomers", they disregard them, disrespect them, and even walk all over them. To close this article out, what will be doesn't have to be at all, the less said in your environment the better for you, keeping your nose out of other people's business.



## **Positive All The Time?**

By Brian

So much could be said towards forgiveness for self and others. An example: First to let go of self before I take care of other people. The power of the pen. In my housing there things for supports after six months at my new place. Most change could be good.

Many helps come from my supports. I want to honor them and Mother and Dad. Mother and Dad passes away within the past eleven months. They were the best parents. (But, I'm not biased.)

**Administration Office, Housing Solutions  
& Young Adult Clubhouse  
66 Englewood Ave, Buffalo, NY 14214  
(716)832-2141**

CFO-Sun-Ok King ext.213  
COO-Kimberly Baughan ext. 215  
Data Manager- Kimberly Muoio ext. 210  
Housing Solutions Manager- Jean Bennett ext. 219  
Recovery Center Service Coordinator  
Michelle Scheib ext. 230  
Young Adult Recovery Club Manager  
Robert Morrow ext. 217

**Harbor House Resource Center  
241 Genesee Street Buffalo, NY 14204  
(716)842-4184**

**ACE Employment and Empowerment Academy  
327 Elm Street, 2<sup>nd</sup> Floor Buffalo, NY 14203  
(716)884-5216**

CEO-Nancy Singh ext. 409  
ACE Manager- Fran Gullo ext. 407  
EA Manager- Amanda Kopacz ext. 415

**Genesee ACE Employment  
220 East Main Street Batavia, NY 14020  
(585)343-9162**

ACE Manager Gail McKee ext. 307

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*Visit us at:*

Web site address

[www.restoration-societyinc.org](http://www.restoration-societyinc.org)

Facebook

[www.facebook.com/Restorationsocietyinc](https://www.facebook.com/Restorationsocietyinc)

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