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| The Clubhouse October, 2018  66 Englewood Ave, Buffalo, NY 14214 (716)832-2141 | Hours for Ages 16-23;  Monday to Friday 3 to 9pm, 1st and 3rd Saturdays 10am to 6pm |
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| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| 1. 4 pm Express yourself {AM}  **5:30 pm Game Night bring a**  **friend** | 2. 5:00pm Creative Corner  6:00pm Leave for open swim session at Resource Council of WNY | 3. 4:30pm Guided Meditation/Mindfulness  5pm My Brother’s Keeper  Dinner Club | 4.    6:00pm Family Movie Night | 5. 4pm Life Skills  {Building a Resume}  5pm My Brother’s Keeper Dinner Club  5:30 pm Ladies Night | 6.  11:00am Book Club  **Evergreen Closed Group** 9:30am-4:30pm |
| 8. 4 pm Express yourself {AM}  6pm Family Snack and game night | 9**.** 5:00pm Creative Writing  6:00pm Leaving for open swim session at Resource Council of WNY      for 16-127 | 10. 4:30pm Guided Meditation/Mindfulness  5pm My Brother’s Keeper  Dinner Club | 11. 4pm Recovery Resource Open Discussion  5:30pm Let’s Talk {\*One group for 16-17year olds and one group for 18-23  years old \*} | 12. 4 pm Life Skills  {Building a Cover letter}  5pm My Brother’s Keeper  Dinner Club  5:30 pm Ladies Night | 13.  **Clubhouse Closed** |
| 15. 4 pm Express yourself {AM}  **5:30 pm Game Night bring a**  **friend** | 16. 4:30pm Guided Meditation/Mindfulness  6:00pm Leave for open swim session at Resource Council of WNY | 17.  **Reverse Trick or Treating with E.C.C North Campus SOTA Club** | 18.  **5:00pm Homemade Pizza Night and Movie Night** | 19. 4:00 pm Guided Meditation  Mindfulness  4:30pm Clubhouse Staff/Members Meeting  5:30pm Cookie Baking Night | 20.  **Evergreen Closed Group** 9:30am-4:30pm  **Leaving at 1pm for Blackman Farm Apple Picking** |
| 22.  4 pm Express yourself {AM}    5pm **Game Tournament** | 23. 5:00pm Creative Corner  6:00pm Leave for open swim session at Resource Council of WNY | 24. 4:00pm Guided Meditation/Mindfulness  4:30 pm Life Skills  { building a resume}  5: pm My Brother’s Keeper  Dinner Club | 25. 4pm Using Tech as a  Recovery Resource  5:30pm Let’s Talk {\*One group for 16-17year olds and one group for 18-23  years old \*} | 26.  **Leaving for Sky Zone at 5:30pm** | 27.  **9:30am to 12:30pm**  **Clubhouse/UB Community Beautification Cleanup** |
| 29. 4 pm Express yourself {AM}    **5pm Dinner and a Movie**  **At the Clubhouse. Come unwind with us!!** | 30.  5pm My Brother’s Keeper Dinner Club  **6:30pm Game Night bring a**  **friend** | 31.Happy Halloween!! **Halloween Party 5 to 7pm** | Meals are FREE!!!! **Dinner is served at 5:30pm during the week. On Saturday Lunch is served at 1:00pm. Please be here one hour before to sign up and participate in prepping** | **5 to 7pm on Wednesday’s and 1 to 3pm the first and third Saturday of every month are dedicated for personal development meetings with a coach. You can set up an appointment outside of these times if you need.** | **Homework Help Offered every Tuesday, Thursday and Saturday from 3 to 5pm** |

**Clubhouse Operations to include: Snack Bar, Maintenance Unit, Meal Preparations and, Reception Unit starts daily at 3:30pm**