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| The Clubhouse October, 201866 Englewood Ave, Buffalo, NY 14214 (716)832-2141  |  Hours for Ages 16-23; Monday to Friday 3 to 9pm, 1st and 3rd Saturdays 10am to 6pm |
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| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| 1. 4 pm Express yourself {AM}**5:30 pm Game Night bring a****friend** | 2. 5:00pm Creative Corner6:00pm Leave for open swim session at Resource Council of WNY | 3. 4:30pm Guided Meditation/Mindfulness5pm My Brother’s Keeper  Dinner Club | 4.  6:00pm Family Movie Night | 5. 4pm Life Skills {Building a Resume}5pm My Brother’s Keeper Dinner Club5:30 pm Ladies Night |  6. 11:00am Book Club **Evergreen Closed Group** 9:30am-4:30pm  |
| 8. 4 pm Express yourself {AM}6pm Family Snack and game night | 9**.** 5:00pm Creative Writing6:00pm Leaving for open swim session at Resource Council of WNY  for 16-127  | 10. 4:30pm Guided Meditation/Mindfulness 5pm My Brother’s Keeper  Dinner Club | 11. 4pm Recovery Resource Open Discussion5:30pm Let’s Talk {\*One group for 16-17year olds and one group for 18-23  years old \*} | 12. 4 pm Life Skills{Building a Cover letter}5pm My Brother’s Keeper  Dinner Club5:30 pm Ladies Night  | 13.  **Clubhouse Closed**  |
| 15. 4 pm Express yourself {AM}**5:30 pm Game Night bring a****friend** | 16. 4:30pm Guided Meditation/Mindfulness6:00pm Leave for open swim session at Resource Council of WNY | 17. **Reverse Trick or Treating with E.C.C North Campus SOTA Club** | 18. **5:00pm Homemade Pizza Night and Movie Night** | 19. 4:00 pm Guided MeditationMindfulness4:30pm Clubhouse Staff/Members Meeting5:30pm Cookie Baking Night  | 20. **Evergreen Closed Group** 9:30am-4:30pm **Leaving at 1pm for Blackman Farm Apple Picking** |
| 22.  4 pm Express yourself {AM} 5pm **Game Tournament** | 23. 5:00pm Creative Corner6:00pm Leave for open swim session at Resource Council of WNY | 24. 4:00pm Guided Meditation/Mindfulness 4:30 pm Life Skills { building a resume} 5: pm My Brother’s Keeper  Dinner Club | 25. 4pm Using Tech as a  Recovery Resource 5:30pm Let’s Talk {\*One group for 16-17year olds and one group for 18-23  years old \*} | 26.  **Leaving for Sky Zone at 5:30pm** | 27. **9:30am to 12:30pm****Clubhouse/UB Community Beautification Cleanup** |
| 29. 4 pm Express yourself {AM}  **5pm Dinner and a Movie** **At the Clubhouse. Come unwind with us!!** | 30. 5pm My Brother’s Keeper Dinner Club**6:30pm Game Night bring a****friend** | 31.  Happy Halloween!!**Halloween Party 5 to 7pm** | Meals are FREE!!!!**Dinner is served at 5:30pm during the week. On Saturday Lunch is served at 1:00pm. Please be here one hour before to sign up and participate in prepping** | **5 to 7pm on Wednesday’s and 1 to 3pm the first and third Saturday of every month are dedicated for personal development meetings with a coach. You can set up an appointment outside of these times if you need.** |  **Homework Help Offered every Tuesday, Thursday and Saturday from 3 to 5pm** |

**Clubhouse Operations to include: Snack Bar, Maintenance Unit, Meal Preparations and, Reception Unit starts daily at 3:30pm**