

As a guest in the “Living Room,” you will be able to experience a setting filled with hope, strength, resources, and peacefulness.

As a guest in the “Living Room,” you will be able to talk to a Medical Health Professional. Talk to Peer Specialists who have also gone through crisis.

As a guest of the “Living Room,” you can come and go as you choose, you can start planning the direction you want to go.



Mental Health  
PEER Connection



*Are you having a “crisis”  
that you think might lead you  
to the hospital emergency room?*

*Do you just need to talk  
to someone who has been there?*

*Do you want a new start  
and get HOPE  
in making that change?*

Introducing the  
**“Living Room”**

A Crisis Diversion Program



## About The Living Room

The Living Room is a peer-operated and peer-staffed led retreat for those experiencing a mental health pre-crisis or crisis.

## The Living Room's Mission

The Living Room's mission is to provide a safe, supportive, nonjudgmental environment that empowers those who are struggling with the principles of wellness and recovery, which can then inform constructive self-care decisions.



## Our Services Include:

- Diversion Activities & Therapies:
  - Art
  - Music
  - Journaling
- Providing Community Resources
- Peer Services
- Educating & Providing Tools for Continued Wellness
- Advocacy & Community Outreach

## Who We Serve

We serve individuals who are at least 18 years old and have a primary mental health condition or substance abuse.

The “Living Room,” has been designed to meet your individual needs. There are NO cookie cutter solutions.

The “Living Room” is run and led by the only Peer Agencies in Erie County. You can tap into their resources.

## Contact Us

327 Elm Street, Buffalo, NY 14203

Phone: (716) 884-5216

LRM Supervisor (716) 245-4200 ext. 425

Nurses (716) 245-4200 ext. 426

Peer Specialist (716) 245-4200 ext. 427

Open every day

3:00 p.m. to 11:00 p.m.

Just walk in.